

Forman Avenue, Glenwood NSW 2768

Email: glenwood-h.school@det.nsw.edu.au

GLENWOOD HIGH SCHOOL

Opportunity Innovation

Success Diversity

EXCURSION NOTE					
Excursion:	Glenbrook Bronze Practice Camp		Maximum # of students:		16
Subject / Purpose:	Practice camp for Duke of Edinburgh Bronze Award		Grade:	10	
Venue:	Glenbrook National Park	Date:	29 th -30 th	March 201	9
Departure time:	8.40am	Return time:	4.00-6.00pm		
Students will depart from:	Glenwood High School Students will return to: Blacktown Station				
Travel/transport will be by:	Travel				
Dress requirements:	Full school uniform				
Cost: NON-refundable	\$40 plus train fare	Payment due by:	18 th March 2019		
Supervising teacher/s:	Dickinson, Cyreszko, Nichols, Morrissey				

Dear Parent/Carer.

An excursion has been organised to support the following work being completed at school:

Bronze Practice Camp for students completing the Duke of Edinburgh's Award

Please note that there may be a maximum number of students who may attend this event (see above). The signed permission note must be returned to the front office with the correct money. We are unable to provide students with change. We strongly encourage your child to attend this activity, as it will be a positive and valuable learning experience.

Leanne Dickinson Duke of Edinburgh Co-ordinator Sonja Anderson **Principal**

Date:

YEAR 10 EXCURSION TO GLENBROOK NATIONAL PRAK PERMISSION NOTE / MEDICAL INFORMATION				
I do / do not consent to my child		participa	iting in an excursion to	
Glenbrook Bronze Practice Camp	on	Friday 29 th to Satu	rday 30 th March 2019	
I understand and agree to the requirements and arrangements as stated on the excursion note.				
Special needs, allergies or medical condition/s that the school should be aware of:				
Has the school been provided with an individual health plan or emergency response plan for this condition? YES / NO I give / do not give permission for my child to receive medical treatment in case of emergency.				
Medicare No:	Expiry Da	te:	Card Reference No:	
Parent/carer's signature: Parent/carer's email: Date: Phone number:				
Payment Method				
() Cash () Cheque () Online payment Online payment must be made at least 3 days before payment due date		Online payment receipt no.: Date: / /		

Online Payment Instructions:- Make a payment on GHS website

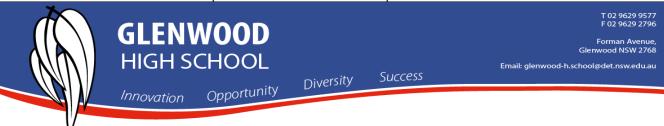
In the Payments option section, check excursion and enter payment description as:

2019 Glenbrook Bronze Practice Camp Year 10

Please note the last day for online payments will be 13th March 2019 before 6pm.

Payments after this date must be by cash/cheque/EFTPOS directly to the front office to ensure your child's place.

Please hand in permission note with online receipt number to the front office.



GLENBROOK BRONZE PRACTICE CAMP 2019 MEDICAL FORM

Surname	Given	Names	
Address			
		Postcode:	
Date of Birth / /	Age		Year
Camp Details			
∕enue <mark>Glenbrook National Park</mark>	·	Dates: Fron 29/3/19	To 30/3/19
Parent/Guardian Details			
	Parent/Guardian 1	Parent/Guardian 1	EMERGENCY contact
full name of parent or guardian			
lome Phone			
Vork Phone			
Mobile			
·ax			
Special Needs			

has your child had the combi	ned Diphtheria/Tetanus Toxoid booster Inj	ection? Yes □ No □ Year
Swimming Ability		
□ Strong – 50 m unaided	□ Average – 25 m unaided □ Poo	or – 10 m unaided □ Non-swimmer
Medical Information		
Does your child suffer from	n any of the following?	
☐ Any Allergic condition	☐ A disability or chronic illness	□ Diabetes
☐ Epilepsy, fits or blackouts	☐ Sleep walking	□ Asthma (include asthma plan)
Skin Conditions	☐ Bed wetting	☐ A current illness e.g. flu
Management guide.	child suffers from something not mentione	
dicare Number Hod	ealth care card number Pensioner hea	alth benefits card Pharmaceutical benefits concess
	Number	
Current Medication Please indicate any medication y	our child is on, the time and dosage required.	
Name	Time(s)	Dosage
Permission		
 I agree to my child's/is impractical to comprequired. I give permission for building, and paddle I acknowledge that so 	municate with me, to arrange for my child/ward to participate in the water ac boarding, while attending the camp. afety is of prime concern on the camp, and ely abuses the rules of the camp, that he/s	as such, I am aware that if my child

APPROXIMATE TIMETABLE

DAY 1	
Time	Activity
8.30	Meet at G block seminar room for roll call and a quick bag check
9.00	Leave Glenwood High School and head to bus bay to catch a bus to Blacktown Station and then a train to Glenbrook.
10.20	Arrive at Glenbrook and walk to Glenbrook National Park Entrance.
11.00	Readjust any packs and head to Jelly Bean Pool
11.45	Lunch at Jelly Bean Pool
12.30	Head out to Tunnel Bend lookout and Mount Portal Lookouts
2.30	Afternoon tea at Mount Portal lookout
3.00	Head to Redgum campground
4.30	Set up camp
5.00	Walk to Nepean River without packs (if time permits)
6.00	Diner and clean up
7.00	Navigation activities
8.00	Small campfire and after dinner treats
9.30	Enter tents and get ready for bed. Students may chat for a while.
10.00	Sleep

DAY 2	
Time	Activity
7.00	(Sunrise 7.07) No one out of tents until 7.00am. Get dressed and tidy up inside tents.
7.30	Breakfast.
8.00	Pack up tents, do an emu bob.
9.00	Set off to Red Hands Cave.
12.00	Observe caves and then head up to car park for lunch.
1.00	Walk back to Ranger's Station
3.00	If time, drop packs and do a short walk down to Glenbrook Creek
4.00	Head to train Station
4.30	Board Train and head back to Blacktown Station. Students contact parents to confirm ETA – should be 5.00pm (but please be available from 4-6pm)
4-6pm	Arrive at Blacktown Station