

EXCURSION NOTE

Excursion:	Glenbrook Bronze Practice Camp	Maximum # of students:	16
Subject / Purpose:	Practice camp for Duke of Edinburgh Bronze Award	Grade:	10
Venue:	Glenbrook National Park	Date:	29 th -30 th March 2019
Departure time:	8.40am	Return time:	4.00-6.00pm
Students will depart from:	Glenwood High School	Students will return to:	Blacktown Station
Travel/transport will be by:	Travel		
Dress requirements:	Full school uniform		
Cost: NON-refundable	\$40 plus train fare	Payment due by:	18 th March 2019
Supervising teacher/s:	Dickinson, Cyreszko, Nichols, Morrissey		

Dear Parent/Carer,

An excursion has been organised to support the following work being completed at school:

Bronze Practice Camp for students completing the Duke of Edinburgh's Award

Please note that there may be a maximum number of students who may attend this event (see above). The signed permission note must be returned to the front office with the correct money. We are unable to provide students with change. We strongly encourage your child to attend this activity, as it will be a positive and valuable learning experience.

Leanne Dickinson
Duke of Edinburgh Co-ordinator
Date:

Sonja Anderson
Principal

YEAR 10 EXCURSION TO GLENBROOK NATIONAL PRAK PERMISSION NOTE / MEDICAL INFORMATION

I do / do not consent to my child participating in an excursion to Glenbrook Bronze Practice Camp on Friday 29 th to Saturday 30 th March 2019		
I understand and agree to the requirements and arrangements as stated on the excursion note.		
Special needs, allergies or medical condition/s that the school should be aware of:		
Has the school been provided with an individual health plan or emergency response plan for this condition? YES / NO I give / do not give permission for my child to receive medical treatment in case of emergency.		
Medicare No:	Expiry Date:	Card Reference No:
Parent/carer's signature:		Date:
Parent/carer's email:		Phone number:
Payment Method		
<input type="checkbox"/> Cash <input type="checkbox"/> Cheque <input type="checkbox"/> Online payment <small>Online payment must be made at least 3 days before payment due date</small>		Online payment receipt no.: Date: ____ / ____ / ____

Online Payment Instructions:- Make a payment on GHS website

In the *Payments* option section, check *excursion* and enter payment description as:

2019 Glenbrook Bronze Practice Camp Year 10

Please note the **last day for online payments** will be **13th March 2019** before 6pm.

Payments after this date must be by cash/cheque/EFTPOS directly to the front office to ensure your child's place.

Please hand in permission note with online receipt number to the front office.



**GLENWOOD
HIGH SCHOOL**

Innovation Opportunity Diversity Success

T 02 9629 9577
F 02 9629 2796

Forman Avenue,
Glenwood NSW 2768

Email: glenwood-h.school@det.nsw.edu.au

GLENBROOK BRONZE PRACTICE CAMP 2019 MEDICAL FORM

Student Details

Surname

Given Names

Address

Postcode:

Date of Birth

Age

Year

 / /

Camp Details

Venue

Dates: From

To

Glenbrook National Park

29/3/19

30/3/19

Parent/Guardian Details

	Parent/Guardian 1	Parent/Guardian 1	EMERGENCY contact
Full name of parent or guardian	<input type="text"/>	<input type="text"/>	<input type="text"/>
Home Phone	<input type="text"/>	<input type="text"/>	<input type="text"/>
Work Phone	<input type="text"/>	<input type="text"/>	<input type="text"/>
Mobile	<input type="text"/>	<input type="text"/>	<input type="text"/>
Fax	<input type="text"/>	<input type="text"/>	<input type="text"/>

Special Needs

Please identify any special needs or requirements

Has your child had the combined Diphtheria/Tetanus Toxoid booster Injection? Yes ☐ No ☐ Year _____

Swimming Ability

☐ Strong – 50 m unaided ☐ Average – 25 m unaided ☐ Poor – 10 m unaided ☐ Non-swimmer

Medical Information

Does your child suffer from any of the following?

- | | | |
|--|--|---|
| <input type="checkbox"/> Any Allergic condition | <input type="checkbox"/> A disability or chronic illness | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Epilepsy, fits or blackouts | <input type="checkbox"/> Sleep walking | <input type="checkbox"/> Asthma (include asthma plan) |
| <input type="checkbox"/> Skin Conditions | <input type="checkbox"/> Bed wetting | <input type="checkbox"/> A current illness e.g. flu |

If yes to one or more, or your child suffers from something not mentioned, please give details and attach a Management guide.

Medicare Number
card

Health care card number

Pensioner health benefits card

Pharmaceutical benefits concession

Private Health Insurance Fund

Number

Current Medication

Please indicate any medication your child is on, the time and dosage required.

Name	Time(s)	Dosage

Permission

- ☐ I agree to my child's/ward's attendance at the camp. In the case of emergency, I authorise the staff, where it is impractical to communicate with me, to arrange for my child/ward to receive first aid/medical treatment as required.
- ☐ I give permission for my child/ward to participate in the water activities of swimming (if applicable), raft building, and paddle boarding, while attending the camp.
- ☐ I acknowledge that safety is of prime concern on the camp, and as such, I am aware that if my child consistently or severely abuses the rules of the camp, that he/she may be sent home.

Full name of Parent or Guardian

APPROXIMATE TIMETABLE

DAY 1	
Time	Activity
8.30	Meet at G block seminar room for roll call and a quick bag check
9.00	Leave Glenwood High School and head to bus bay to catch a bus to Blacktown Station and then a train to Glenbrook.
10.20	Arrive at Glenbrook and walk to Glenbrook National Park Entrance.
11.00	Readjust any packs and head to Jelly Bean Pool
11.45	Lunch at Jelly Bean Pool
12.30	Head out to Tunnel Bend lookout and Mount Portal Lookouts
2.30	Afternoon tea at Mount Portal lookout
3.00	Head to Redgum campground
4.30	Set up camp
5.00	Walk to Nepean River without packs (if time permits)
6.00	Diner and clean up
7.00	Navigation activities
8.00	Small campfire and after dinner treats
9.30	Enter tents and get ready for bed. Students may chat for a while.
10.00	Sleep

DAY 2

Time	Activity
7.00	(Sunrise 7.07) No one out of tents until 7.00am. Get dressed and tidy up inside tents.
7.30	Breakfast.
8.00	Pack up tents, do an emu bob.
9.00	Set off to Red Hands Cave.
12.00	Observe caves and then head up to car park for lunch.
1.00	Walk back to Ranger's Station
3.00	If time, drop packs and do a short walk down to Glenbrook Creek
4.00	Head to train Station
4.30	Board Train and head back to Blacktown Station. Students contact parents to confirm ETA – should be 5.00pm (but please be available from 4-6pm)
4-6pm	Arrive at Blacktown Station