



# GLENWOOD HIGH SCHOOL

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Forman Avenue,  
Glenwood NSW 2768

Email: [glenwood-h.school@det.nsw.edu.au](mailto:glenwood-h.school@det.nsw.edu.au)

Innovation

Opportunity

Diversity

Success



# THE REDGUM

ISSUE 1 • 7 FEBRUARY 2019





**GLENWOOD HIGH SCHOOL**  
*Innovation Opportunity Diversity Success*

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☛ Website: [www.glenwood-h.schools.nsw.edu.au](http://www.glenwood-h.schools.nsw.edu.au)

Issue 1 - 7 February 2019

## PRINCIPAL'S MESSAGE



A big welcome to all parents and students to the 2019 academic year, after what I hope was a restful and enjoyable holiday. I especially welcome our new parents who have children commencing at Glenwood for the first time this year. I sincerely hope your involvement with Glenwood will be happy and beneficial.

A large school can sometimes sound intimidating. Some people could think that the bigger you are the less personal, tailored or connected you could be. That is not the case here at Glenwood. I believe that the old adage, that it takes a village to raise productive members of society, is very much the case with Glenwood. With close to 1500 students in the school we are like a small village. We pride ourselves on reaching every individual as much as possible. We try hard to tailor our time, our resources and our programs so that every student is valued known, valued and care for.

### Outstanding HSC Results

I am so thrilled **and** proud to inform you of the HSC results of our 2018 HSC class. They were magnificent. And they were so well-deserved. Our Dux was Nicky with an ATAR of 99.75. Nicky had a broad pattern of study – Mathematics Extension 1, English (Advanced), Legal Studies, Economics and Modern History. With Band 6s all of her courses, Nicky was rewarded for her hard work and sharp intellect. Close on Nicky's heels was Lesi, with an ATAR of 99.35. Lesi also studied a broad range of subjects – English as a Second Language, Chemistry, Physics, Mathematics Extension 2 – and also gained three Band 6s and one Band 5s.



Congratulations to Keziah for coming 5<sup>th</sup> in the state in Society and Culture. This is a massive achievement for both her and her class teacher Ms Kearney.

It is also worth noting that we had 14 students with an ATAR above 90, 44 of our students were placed on the Honour Roll and 74 students acknowledged on the NESA Distinguished Achievers List. This list acknowledges students that received the highest band possible for one or more courses.

### Special points of interest:

- Year 12, 2018 Formal (front cover)
- Year 7, 2019 InTouch—6-9pm
- School Photographs- 19 Feb & 21 Feb
- Year 7 Vaccinations
- Library News
- GHS Clubs & extra-curricular activities
- Calendar
- Year 7, 2020 Information Evening 25 February 6pm
- Year 7, 2020 Gifted & Talented Information Evening 4 March 6pm
- P & C Meeting –7pm All Welcome
- Swimming Carnival
- Parenting Ideas
- BYOD



We will continue to maintain our focus on ensuring our students can achieve the best possible results they can in their HSC.

I would also like to take this opportunity to acknowledge the teachers of this fantastic school. The teaching staff at Glenwood High School is amongst the best I have ever worked with and thoroughly prepare students for the HSC examinations and the future ahead. Many of our students gained University entry and are very happy with the tertiary courses they have been able to access. In the upcoming weeks all Head Teachers have been analysing the data from the HSC results with their faculty and celebrating successes and reflecting on performances. I too will be sitting down with my Director in the next couple of weeks analysing our data.

### High Achievers Assembly

Next Thursday we will hold our High Achievers Assembly. It will be wonderful opportunity to celebrate successes with students from the class of 2018. We look forward to welcoming our special guests, the high achieving students, their parents/caregivers, families and friends. It will give Year 11 and 12 an opportunity to witness this celebration. To celebrate someone else's success can be motivational and inspirational.

### New Staff to the Glenwood 'village'

We have had a small number of changes among the teaching staff. I welcome the new teachers to our village. I know they will find this a wonderful place to teach.



Mr Burgess is replacing Ms Levitt in English whilst she is on maternity leave



Mr Vlismas is filling a vacancy in HSIE due to the substantive HT being seconded to NESA



Mr Arnold joins the Mathematics faculty whilst Ms Mehdi is on leave.



Ms Raghunath joins the Computing faculty whilst Ms Callaghan is working with the department's Technology for Learning Directorate



## School Development Day

Staff started off the year on Tuesday 29 January with our first School Development Day for the year. The first half of the day we had a registered psychologist, Jocelyn Brewer, present to the staff on '*Digital nutrition and the psychology of teenage brain*'. Jocelyn has had over 13 years' experience in public education as both a teacher and school counsellor. In 2013 she created Digital Nutrition to help guide best-practice, balanced tech use and healthy relationships with digital devices. She has built a media profile and regularly comment in the media on a range of issues and present to various groups about the impacts of technology and digital wellbeing.

The last part of the day was spent on both mandatory training and faculties coming together to plan for the upcoming term.

## Spirit Week

This week we celebrated a Spirit Week which was a great week of lunchtime fun for all our students, coordinated by the amazing Glenwood High School Prefects. It was wonderful to see so many enthusiastic students involved in all activities, with House Points won for each entrant. The Prefects worked very hard to make the week a success and deserves a special thank you for making Glenwood such an enjoyable place to be.



I would like to take this opportunity to thank our student leadership team and also thank the P&C who donated the Spirit Week prizes.



## Year 7

Year 7 have definitely embraced their new home. I have managed to visit quite a few of their class in the first two weeks. It is with great pleasure that I can assure all parents that all the year 7 classes are very settled and on task. I am looking forward to visiting even more classes in the upcoming weeks.





## Uniform

It was really pleasing at our recent assemblies and see our students return for the beginning of the academic year so well attired. Students looked marvellous in crisp new shirts and appropriate black leather shoes. It is now most important that this wonderful standard be maintained throughout the year. Parental support of our school uniform policy is vital to maintaining this high standard.

## School Contributions

Currently we are in the process of sending out invoices for 2019 fees. The invoice contained full costing of elective fees and general contributions. I thank those families who have already paid the invoices. Subject contributions are used to purchase consumables for use in class. The general contributions are used to fund the extras we all would like our children to have and that are not provided for in government funding, such as on-site technology support, extra staffing in the Learning Centre and improved outdoor facilities.

Fees are necessary for student electives to continue in their current format, while the general contribution supports a variety of student programs and needs, including the purchase of the most appropriate texts and resources to support student learning. Parents will note the P&C contribution, which is also included on these schedules. The P&C funds have been used to support the school. I have included a list of what the P&C contributions have been used for in 2018. They included: the purchasing of televisions that have been cabled throughout the school with regular daily notices to keep our students informed; Presentation Day; Wellbeing programs, Support Spirit Week and Australian Business Week.

It is most fortunate our parents and community do so strongly support the school and value the education their sons and daughters receive. We need this support to continue in 2019.



## Congratulations Patrick Gleeson

Congratulations to Patrick who was the recipient one of the 2019 Blacktown City Australia Day Awards. He was awarded with the Young Citizen of the Year. Patrick was acknowledged for his leadership as school captain of Glenwood High School plus for the implementation of the McMaster's Shield that he implemented for children with special needs. Patrick was also acknowledged for the instigating the Ignite Youth forum.



## Cooler Classrooms Initiative

Originally Glenwood HS did not meet the criteria for the Cooler Classroom project, however, we were able to submit an application to be re considered by School Infrastructure NSW. Last year the school's application was successful.

I have received many parental inquiries, especially with the extremely hot days we had during Week 1, about when the air conditioning units would be installed. I contacted School Infrastructure to see if I could get any answers for you all. They replied with this:

*"Thank you for contacting the Cooler Classrooms program. As you are aware, the Fund is part of the NSW Government's record \$500 million, five-year program to improve thermal comfort and indoor air quality in learning spaces and libraries across NSW government schools. The Cooler Classrooms program is in addition to the NSW Government's usual asset maintenance program.*

*The first step in this process involves undertaking due diligence at schools. This is a critical step in determining the required and appropriate scope of work at each school.*

*Due diligence includes but is not limited to assessing:*

- *the condition, fitness for purpose and remaining useful life of any existing air cooling, air conditioning and heating equipment;*
- *electrical infrastructure capacity; and*
- *building condition, including other factors such as heritage considerations.*

*We will be finalising the tranche lists over the coming month and will be able to provide more clarity on timing once this is completed."*

Mmm...I think that means that 'it won't happen overnight, but it will happen'. Sorry I could not give you more information about the project.



## Congratulaltions

Due to an error on our behalf Ayush from Year 11 was not acknowledged in the Presentation Day program at the end of last year. We would like to congratulate Ayush for being 1<sup>st</sup> in Software Design and Development for the preliminary course.

Mrs Sonja Anderson  
Principal



### NSW SENIOR SECONDARY STUDENT CONCESSION CARD—2019

All students 16 years or over, are required to travel with a **Senior Secondary Student Concession Card** when travelling on a Child/Youth Opal card or concession paper ticket.

**Please apply to the front office student counter at recess or lunch time for processing your 2019 NSW Senior Secondary Student Concession Card.**

If you are **16 years or older**, you are eligible to receive a NSW Senior Secondary Student Concession Card.

Proof of age and NSW senior secondary student concession cards permit students to travel at concession rates on the following services:

- Sydney Trains
- State Transit and privately operated buses
- Government ferries

This card will also entitle the holder to purchase a child/youth opal card and a concession fare on NSW Train services.

Concession Cards do not provide for concession travel on special, premium, charter or Special Event services or privately operated services (such as long distance coaches and tourism services).

**PROOF OF AGE CARD** - School students **under 16 years of age** who appear more mature allows student to travel using a child/youth Opal card in the Opal network. If you require a proof of age card please apply at recess and lunchtime at the front office - student counter.



## AUSTRALIAN MATHEMATICS COMPETITION (AMC)

Glenwood High School has been running Australian Mathematics Competition (AMC) every year since 2005. It is run by University of Canberra at the beginning of Term 3 where students from not just Australia-wide but also from more than 30 countries attempt the same problem. Students from year 7 to 12 are asked to solve 30 problems in 75 minutes. The problems are designed to test mathematical thinking and become more difficult through the competition, thus challenging even the most gifted students.

Mr Prasad, a passionate Mathematics teacher, has been co-ordinating this event every year. His countless hours of organisation and promotion of this event had resulted in 189 Glenwood students participating in the competition this year, the highest number school has seen so far. The result has been very pleasing with 75 students receiving Credit, 23 Distinctions and one year nine student receiving a **High Distinction - Zane**



The students who received Distinctions are:

Year 7, 2018	Nikhil	Year 9, 2018	Amarveer
	Rohan		Gurleen
	Banuja		Andrew
Year 8, 2018	Martine		Ishnoor
	Vijramjit		Luke
	Afreen	Year 10, 2018	Hania
	Shaan		Ebony
	Ipsita	Year 11, 2018	Rabie
	Madison		Ajay
	Nathan	Year 12, 2018	Lauren
	Adhiti		Luke
	Chelaka		

**Zehra Mehdi**  
**Head Teacher Mathematics**  
**Glenwood High School** | Forman Ave  
 Glenwood NSW 2768  
 Tel: 02 9629 9577 | Fax: 02 9629 2796 |  
 email: [zehra.mehdi1@det.nsw.edu.au](mailto:zehra.mehdi1@det.nsw.edu.au)







30<sup>th</sup> January 2019

Dear Parents and Carers,

**2019 SCHOOL PHOTOGRAPHS WILL BE TAKEN ON:**

**Tuesday 19<sup>th</sup> February – Yr 10, 11, 12 & Siblings and Thursday 21<sup>st</sup> February - Yr 7, 8 & 9**

School photographs are scheduled to be taken by Advancedlife Photography on the above dates in 2019. This is Week 4, Term 1. Use the website and code below to look at the packages and pricing for 2019.

Please note that all students are to be in **FULL SUMMER SCHOOL UNIFORM.**

***Attached is your photo envelope and Online Order Code from Advancedlife for student packages. Sibling envelopes are available from the front office for your collection (if paying by cash).***

It is our preference that ordering be completed online, if possible. This is to reduce administration and potential security issues related to the return of cash and envelopes on photography day.

You have two options of payment:

1. Orders for student packages and sibling photographs can be placed securely online at **www.advancedlife.com.au** using our school's unique **9 digit Online Order Code - 326 4VA H4F**. All orders must be placed no later than Monday 18<sup>th</sup> February 2019. Sibling photographs will be taken on Tuesday 19<sup>th</sup> February 2019 during Recess or Lunchtime, and only be taken if an order has been placed.

Do not return the order envelope or receipt if you have ordered online. Advanced Life now accept online payments using **Paypal, Visa and Mastercard**. A \$1 handling fee is applicable with online ordering. For more information, go to [advancedlife.com.au/FAQ](http://advancedlife.com.au/FAQ).

2. If you are paying **cash** for either student packages or sibling photographs, please complete all the details on the order form on the front of the envelope. Students then need to **bring the envelope to school on photo day**. They need to hand it directly to the photographers when they have their photo taken (not prior to the front office).

**No late orders or cash will be accepted at the school office.** Check your order carefully, as funds are not available for incorrect choice.

Should you have any queries concerning school photographs or online ordering, please direct them via email to [enquiries@advancedlife.com.au](mailto:enquiries@advancedlife.com.au).

All students who have their photograph taken will also have a Student ID card made up for them and distributed to students around the end of Term 1. The student ID card needs to be carried to and from school each day, and is for school use in the front office and the Library. If a student loses their ID card, they are expected to purchase a new one through the front office for \$7.00. Any questions regarding the ID cards can be referred to the Library.

Yours faithfully,

*G. Laughton*

Mrs Gai Laughton

HT Support

**ORDER NOW**

**WWW.ADVANCEDLIFE.COM.AU**

**9 Digit Online Order Code**

**326 4VA H4F**

Principal Mrs Sonja Anderson

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<https://glenwood-h.schools.nsw.gov.au>

Email: [glenwood-h.school@det.nsw.edu.au](mailto:glenwood-h.school@det.nsw.edu.au)



## INDIVIDUAL PHOTOS

All students have all been given this envelope to bring home. Spares can be collected from the front office or the library.

**Deluxe Package**  
A Price \$52  
Includes a colour and black & white enlargement ready for framing plus a bonus set of 3 magnets

**Value Package**  
B Price \$49  
Adding a beautiful colour enlargement ready for framing

**Fun Package**  
C Price \$46  
A perfect expression of portraits and gifts for the whole family

**D Pack - Regular Package \$44**   **E Pack - Basic Package \$41**   **Option F - Group Only \$33**

**Also available for order online**

**BIGGIES & JARLOGS**

**Order Online**  
If you have a photograph and group packages can also be ordered online for 7 days after school with no fee. After that time, we require an extra processing and handling fee of \$10 per item.

### ORDER ONLINE NOW

Make it easy for your school and order online go to [www.advancedlife.com.au](http://www.advancedlife.com.au) AND ENTER YOUR 9 DIGIT ONLINE CODE

Order your package and receive access to **advancedlife** our online platform offering archived images, gifts and more!

**HOW TO ORDER**  
School photographs should be ordered online prior to the day of photography using any device with internet access by visiting [www.advancedlife.com.au](http://www.advancedlife.com.au) and entering your school's secure 9 digit advancedlife code.

**ONLINE ORDERING EASY**

- Visit [www.advancedlife.com.au](http://www.advancedlife.com.au)
- Enter your school's secure 9 digit advancedlife code above the front of the order envelope.
- It takes you to advancedlife's secure online ordering site for your school.
- Click on "Order Photos" and follow the steps.
- You do not need to return a payment envelope if you have paid online.
- An order receipt will be sent to your email address shortly after your order is placed. Please the amount that PayPal can take several hours to process payments and leave a message.

**ONLINE PAYMENT METHODS**  
We have several online payments using PayPal, Visa and Mastercard. A \$1 online processing fee is applicable with online ordering. For more information go to [www.advancedlife.com.au/FAQ](http://www.advancedlife.com.au/FAQ)

**CASH / IN-STORE ORDERS**  
When ordering in-store, it is better to be present online to avoid miscommunication. If you do not have online access, please complete a form in the envelope provided and return it with payment enclosed to our photography office on the day of photography. Each student must have their own envelope. Checkouts should be made out to advancedlife with name and address on envelope. Credit card payments can only be made online.

**SENDING PHOTOS**  
If you prefer to personally collect your photographs package from the school office, rather than have it sent home with your child, please select the "Collect Your Pack" option when you order online.

**REFUND POLICY**  
Child's order is only refundable if it is not available for the photograph day. Refunds are not available once your photograph has been taken. To view advancedlife's Terms of Service and Terms & Conditions please visit [www.advancedlife.com.au](http://www.advancedlife.com.au)

Email: [enquiries@advancedlife.com.au](mailto:enquiries@advancedlife.com.au)

Individual photographs can be ordered online prior to the first photography day, Tuesday 19<sup>th</sup> February. These will take place during class time on either Tuesday 19<sup>th</sup> February or Thursday 21<sup>st</sup> February. Students will be taken to the hall by their teachers during the time allocated to their teacher. They are **not** to take themselves down to the hall for their photo on their own.

Order online at [www.advancedlife.com.au](http://www.advancedlife.com.au) and enter the Online Code: 3264VA H4F. If you have ordered online for your photo's you do not need to return this envelope, just turn up.

Paying your Individual photo by Cash? Fill in this envelope and bring on photo day, hand directly to the photographer at the time of the photo being taken.

**1 STUDENT DETAILS** please use black or blue pen

Name: \_\_\_\_\_

Student's First Name: \_\_\_\_\_

Student's Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Mobile: \_\_\_\_\_

**2 PAYMENT METHOD** please mark 'x' in the boxes where applicable and complete all fields. If you have ordered and paid online please do not fill in this envelope and send to school as your order has already been received.

Cash ☐ Credit Card ☐ Debit Card ☐ Other ☐

Order Number: \_\_\_\_\_

Order Date: \_\_\_\_\_

Credit card payments can only be made online - credit card details cannot be written on this envelope

### ONLINE ORDER CODE

ORDER YOUR PACKAGE ONLINE  
Order online at [www.advancedlife.com.au](http://www.advancedlife.com.au)  
Online Code: 3264VA H4F  
Order due by day of photography  
19/02/2019

Wool High School 94,0111-1111 (01)

OPTION	PRICE	QUANTITY	TOTAL
A OPTION A	\$ 50	X	\$ 50
B OPTION B	\$ 45	X	\$ 45
C OPTION C	\$ 30	X	\$ 30
D OPTION D	\$ 25	X	\$ 25
E OPTION E	\$ 20	X	\$ 20
F OPTION F	\$ 15	X	\$ 15

**TOTAL AMOUNT ENCLOSED** \$ \_\_\_\_\_

**PAYMENT FOR THE CHILD BELOW IS ALSO INCLUDED IN THIS ENVELOPE**

Name of child: \_\_\_\_\_

Age: \_\_\_\_\_


Gender: \_\_\_\_\_

19/02/2019



## SIBLING PHOTOS

Please pick up the envelope from the front office, which has the following flyer:  
(NB. these were not distributed, they need to be collected from office)



### ORDER ONLINE NOW

go to  
[www.advancedlife.com.au](http://www.advancedlife.com.au)

**A**  
\$45

**B**  
\$30

**C**  
\$25

**Deluxe Package**

**Value Package**

**Essential Package**


Basic Package \$22    Enlargement \$20    Not Available

For a complete description of packages and measurements, please go to [www.advancedlife.com.au/packages](http://www.advancedlife.com.au/packages)


Flyer Code SIBLING

### ORDER ONLINE NOW


Make it easy for your school and order online  
go to [www.advancedlife.com.au](http://www.advancedlife.com.au)  
AND ENTER YOUR 9 DIGIT ONLINE CODE  
CUT OFF TIME FOR SIBLING ORDERS IS 24 HOURS PRIOR TO PHOTOGRAPHY DAY




Order your package and receive access to advancedlife's online platform offering archived images, gifts and more!




Order envelopes are not required when ordering online. DC NCT return the order envelope or receipt if you have located online.



Check your order carefully, as refunds are not available for incorrect orders. To view advancedlife's Terms of Service and Terms & Conditions please visit [www.advancedlife.com.au](http://www.advancedlife.com.au)



We now accept online payments using PayPal, Visa and Mastercard. A \$5 online processing fee is applicable with online ordering. For more information go to [advancedlife.com.au/P3Q](http://advancedlife.com.au/P3Q)



While it is your school's preference to order online we are happy to accept cash in your completed envelope. For envelope orders each student must have their own envelope. Cheques, Visa, Mastercard etc. to advancedlife with name and address on the back. Credit card payments can ONLY be made online.

**CONDITIONS OF SIBLING PHOTOGRAPHS**  
Sibling photographs must be ordered either online or by using envelope prior to the day of photography.  
A photograph will not be taken without an order. Sibling photographs only apply to children enrolled at the school.


**SEPARATED FAMILIES**  
If you prefer to personally collect your package from the school office, please select the "Collect Your Pack" option when you order online.

email: [enquiries@advancedlife.com.au](mailto:enquiries@advancedlife.com.au)    **advancedlife**  
SCHOOL PHOTOGRAPHY & PRINT SPECIALISTS

Sibling photographs can be ordered online prior to the first photography day, Tuesday 19<sup>th</sup> February. These will take place during Connect on Tuesday 19<sup>th</sup> February and Thursday 21<sup>st</sup> February. Students are to take themselves together down to the hall for their photo.

Order online at [www.advancedlife.com.au](http://www.advancedlife.com.au) and enter the Online Code: 3264VA H4F. If you have ordered online for your photo's you do not need to return this envelope, just turn up.

Paying your Sibling photo by Cash? Fill in this envelope and bring on photo day, hand directly to the photographer at the time of the photo being taken.



### SIBLING ORDER ENVELOPE

**HIDE YOUR PACKAGE ONLINE**  
Order online at [www.advancedlife.com.au](http://www.advancedlife.com.au)  
**Online Code: 326 4VA H4F**  
Orders close by day of photography  
18/02/2019  
Wood High School (M6103-142) (S)

**1 STUDENT DETAILS** please use black or blue pen

School: \_\_\_\_\_

Student: \_\_\_\_\_

DC Name: \_\_\_\_\_

DC Phone: \_\_\_\_\_

Ask Date: \_\_\_\_\_ Year Group: \_\_\_\_\_ Date of Birth (DD/MM/YY): \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Mobile: \_\_\_\_\_

Advanced Life Code (P3Q): \_\_\_\_\_

**2 PAYMENT METHOD** please mark 'x' in the boxes where applicable and complete all details  
If you have ordered and paid online please do not fill in this envelope and send to school as your order has already been received.

Cash ☐ Bank note / Banking for Cheque ☐

Credit Card ☐ Cheque ☐

Therapy ☐

**3 PURCHASE DETAILS** please circle or place an 'x' in the boxes where applicable

OPTION	DESCRIPTION	PRICE	QUANTITY	TOTAL
A	OPTION A	\$ 40	X	\$ 40
B	OPTION B	\$ 40	X	\$ 40
C	OPTION C	\$ 40	X	\$ 40
D	OPTION D	\$ 40	X	\$ 40
E	OPTION E	\$ 40	X	\$ 40
F	OPTION F	\$ 40	X	\$ 40

**TOTAL AMOUNT ENCLOSED** \$ \_\_\_\_\_

Siblings Appear in this Photograph \_\_\_\_\_

By signing this order student (parent/guardian) agrees to the terms and conditions of the school's photography policy.

Credit card payments can only be made online - credit card details cannot be written on this envelope





Health  
Western Sydney  
Local Health District

TRIM No: 19/6788

#### NSW SCHOOL VACCINATION PROGRAM – SCHOOL NEWSLETTER TO PARENTS/GUARDIANS

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2019 the following vaccines will be offered:

YEARS	VACCINE	NUMBER OF DOSES
Year 7	Human papillomavirus (HPV) vaccine	2-doses at least 6 months apart
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose
Year 10	Meningococcal ACWY vaccine	Single dose

*Parent Information Kits* that include an information sheet, consent form and privacy statement will be sent home to you by your child's school. To consent to the vaccination of your child, parents/guardians are advised to:

- read all the information provided;
- complete the consent form, including signing your name next to each of the vaccine/s you would like your child to receive;
- return the completed consent form to your child's school;
- ensure that your child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw consent for any reason may do so by writing to the school Principal or phone the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

To improve vaccination completion, students will be opportunistically offered any missed vaccine/s throughout the year where possible.

Please note that students who commence the HPV vaccination in school clinics in Year 7 but do not complete the course during the school year may be offered a catch-up dose at school in Year 8. Students who have their first HPV dose at their GP will be advised to complete the course with their GP.

A Record of Vaccination will be provided to each student vaccinated at each clinic. You should ensure that this record is kept for future reference. Please do not assume that your child has been vaccinated if you do not receive this Record of Vaccination. Vaccination records will be uploaded to the Australian Immunisation Register (AIR) to provide a complete immunisation history for your child.

Public Health Unit  
Gungahra, Building 68  
Cumberland Hospital  
LMB 7118, Parramatta BC NSW 2124  
Tel 9840 3603 Fax 9840 3608





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HIGH SCHOOL**

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Forman Avenue,  
Glenwood NSW 2768

Email: glenwood-h.school@det.nsw.edu.au

30<sup>th</sup> January 2019

Dear Parents / Caregivers,

### **Publishing Student Photographs**

To promote the outstanding work that students produce at Glenwood High School, we often display student work and/or photos in public areas, including newsletters, the internet and media. In the past we have sought your permission for "Publication of Students' work or Photographs."

The school/DEC may publish information about your child for the purposes of sharing his/her experiences with other students, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service.

The communications in which your child's information may be published include but are not limited to:

- Public websites of the DEC including the school website.
- DEC publications including the school newsletter, annual school magazine and school report, promotional material published in print and electronically including on the Glenwood High School website.
- Official DEC and school social media accounts on networks such as YouTube, Facebook and Instagram.

Parents should be aware that when information is published on public websites and social media channels it can be linked to by third parties and may be discoverable online for a number of years, if not permanently. Search engines may also cache or retain copies of published information.

### **I DO NOT GIVE PERMISSION TO PUBLISH**

If you **DO NOT** consent to your child's photograph being published, please complete the slip below and return it to the school by Friday, 15<sup>th</sup> February 2019.

Kind regards,  
Mrs Sonja Anderson  
Principal



**Attention: The Principal, Glenwood High School**

Due: 15<sup>th</sup> February 2019

I, \_\_\_\_\_, **DO NOT** give permission for my child's photograph to be published or for my child to be photographed.

Child's Name: \_\_\_\_\_

Year: \_\_\_\_\_

Signature of Parent / Caregiver: \_\_\_\_\_

Date: \_\_\_\_\_



## **WELCOME TO GLENWOOD HS LIBRARY!**

<b>HOURS</b>	The Library is open from 8.10am to 3.00pm. It is open both recess and lunch, except for Friday recess.
<b>ID CARDS</b>	Your ID card is made from the school photos, and will be available by the end of first term. Please have it with you at all times. Your first card is free of charge.
<b>BORROWING</b>	<p>Years 7, 8, 9 and 10 may borrow three fiction and three nonfiction books at a time. Years 11 and 12 may borrow five fiction and five nonfiction. All may borrow <b>audiobooks and ebooks</b> which can be found on the Oliver news page or the wheelers website.</p> <p>Most books and magazines are due back in two weeks. There is also borrowing permitted over the holidays.</p>
<b>NEW BOOKS</b>	We are happy to purchase your suggestions of book and magazine titles for the Library. There is a suggestion box near the security gates, which is checked regularly.
<b>COMPUTERS</b>	<p>The Library computers are used for <b>schoolwork</b> only.</p> <p>The TSO in the Library, and Mr Lewis in the Eastern staffroom can help with your computer or internet passwords.</p> <p>Printing costs 10c per page for black and white, and 50c per page for colour. New students get a \$2 print balance on enrolment. This amount should be topped up regularly at the office, as you cannot print if there are insufficient funds for the job.</p> <p>You can ask the library staff to print for you, when your print balance is too low, however the price will be doubled.</p>
<b>PHOTOCOPYING</b>	Photocopying costs 20c a page. Staff will copy for you.
<b>EXPECTATIONS</b>	<p><b>You must have something to do and allow other people to do what they came to do without being disturbed.</b></p> <p><b>If you have group work to do, please use the Connected Classroom, whenever it is available, to minimise noise in the library.</b></p>
<b>HOMEWORK CENTRE</b>	operates on Tuesday afternoons from 3.00 - 4.00pm to help students with assignments, homework & missed work. There will be teachers available to help you.
<b>CHESS CLUB</b>	Chess club operates on a Tuesday at lunchtime in the back area of the library.
<b>PREMIER'S READING CHALLENGE [PRC]</b>	All students who complete the PRC will receive a certificate from the Premier of New South Wales. Students will be shown how to complete their reading logs online. Glenwood High School also run our own Reading Challenge, please see the Library staff.
<b>LIBRARY STAFF</b>	Mrs Achar, Mrs Jackson, Mrs Brackley, Mrs North & Mrs Anderson will be happy to help you.



## LIBRARY NEWS

### Premier's Reading Challenge

The NSW Reading Challenge was established in 2001 by the Premier of NSW, the Hon. Bob Carr, to encourage a love of reading. The Reading Challenge has boomed from 5,000 successful students in 2001 to over 220,000 students in NSW in 2011. The Rules of the Challenge are simple. The Challenge operates in cycles of one year. To receive a certificate, students must read 20 books by the deadline date - which is the end of August each year. At least 15 books must be from the **Premier's Reading Challenge Year 7-9** book list. A maximum of 5 books can be free choice.

There is a wide variety of reading genres from which to choose, including factual, poetry, drama, newspaper texts, humorous fiction, love stories, fantasy, picture books, science fiction, classics, to name a few. All Year 7 and 8 English classes spend at least one period in the Library exploring the variety of reading material available.

Every student in Years 7, 8 and 9 is eligible to participate in the challenge.

To register for the Challenge, students need to log onto the Premier's Reading Challenge website using their DEC login details, and start filling in the Student Reading Records from March to August each year. Students need to read 20 books. Anything read after August counts towards the next year's challenge.

Students who have completed four Challenges receive a Gold Certificate; students who complete seven Challenges receive a Platinum Certificate. Students who complete every Challenge from Year 3 to Year 9 receive a medal.

To assist our students choose books for the **Premier's Reading Challenge** we have added stickers to the spines of our books which identify the PRC titles.

**Our Reading Champions** this year were interviewed briefly and here are their responses:

**Banuja** : I love reading because I thrive on the excitement and wonder it creates. I recommend 'Brotherband Chronicles' Ranger's Apprentice and Percy Jackson Series.

**Jeeya**: Reading allows me to go dangerous quests!!! My suggestions are Mortal instruments, Percy Jackson and Hunger Games.

**Harsheen I**: I find reading fun and love entering 'other worlds'. Read Kingdom of Ash and the Alice Miranda series. They are great.

**Arminder** I read for many reasons...enjoyment, entertainment, experiences.. My reading recommendations are The Goldfinch, Catch-22, The Lost Symbol.

**Deepinderjit**: I read to escape into new universes! I loved 'Looking for Alaska', Divergent and the Fault in our Stars

Well done and Congratulations, Banuja, Simar, Jeya, deepinder, Arminder and Harsheen.





### Scholastic Book Club

Thank you for the amazing support that families have shown for our Book Club. Everyone who has ordered items and helped us build Book Club commission to spend on valuable resources for the College. Thank you also to the many volunteers who have assisted with Library events, Book Club and book covering this year. The staff and students of the school have benefited immensely from your contributions and your assistance has been greatly appreciated.



### Reading Recommendations

Students may be interested in websites that provide recommendations and reviews for teenagers looking for some great titles. 'Inside a Dog' (<http://www.insideadog.com.au>) is a site hosted by the State Library of Victoria and has reviews, book/author news and ideas for a range of activities for teenage readers and keen writers.



### Audiobooks and ebooks

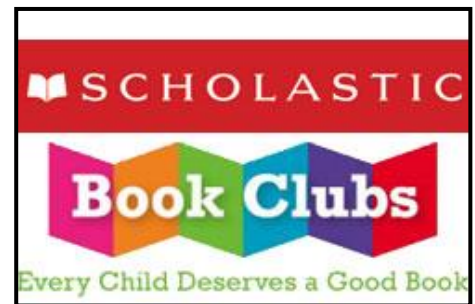
A reminder that every month is a month to celebrate reading and that you do not have to wait to get to the Library to borrow. You can download your ebook reading choice from our collection and begin reading now. Don't forget to pick up your book mark from the Library with the instructions on how to access ebooks.



1. Download the eBook reading app now. Go to the app store and download the ePlatform app to your phone.
2. Find our Glenwood High School Library and log in using your DET Username and Password
3. Start reading!



Welcome back to a new school year.



This year, all Year 7 students will be regularly bringing home their Book Club catalogue from school. It is packed-full of awesome books and products at affordable Club prices. For all other year groups, if you would like a copy, please come to

Book Club provides your family with a fun and convenient way of bringing the best in children's literature into your home, while also helping to bridge the important class-to-home reading gap.

We have exciting titles from best-selling authors, popular titles and series we know kids love, as well as products that make perfect gifts, and books for younger siblings who may not be at school yet, so don't forget to check in your child's

Issue 1 will be sent out through the students towards the end of Week 2 and will be due on Friday 15th February.

Not only are you helping your children, you are also helping your school—20% of your spend goes back to your school in valuable Scholastic Rewards.

We will be keeping you in the LOOP throughout 2019 with more exciting offers and recommended reads. So stay tuned!



## Book Club LOOP

for Parents

**LOOP** is the Scholastic Book Club  
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:  
**[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)**

GET IT ON Google play

Download on the App Store



All students have been given this week a Glenwood High School fridge magnet calendar to bring home. We hope you enjoy it!

**GLENWOOD HIGH SCHOOL**  
 Phone: (02) 9629 9577  
 Fax: (02) 9629 2796  
 Forman Avenue  
 Glenwood NSW 2768

*Innovation Opportunity Diversity Success*

**2019**

- School Development Day
- Spirit Week
- P&C Meetings
- School Photo's
- Swimming Carnival
- Open Night Yr 7, 2020
- Yr 7 Vaccination
- Harmony Day
- Yr 7 Camp
- Autism Bake Sale
- School Cross Country
- Athletics Carnival
- Naplan
- Relay for Life
- Yr 10 Work Experience
- Yr 10 Vaccination
- Musical
- Wear It Purple Day
- Yr 12 Graduation
- HSC
- Sports Presentation Day
- Maddness Showcase
- Yr 7 Aquatics Week
- Orientation Day Yr 7, 2020
- Presentation Assembly
- Public Holidays
- School Holidays

**JANUARY**  
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**FEBRUARY**  
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**DECEMBER**  
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Email: [glenwood-h.school@det.nsw.edu.au](mailto:glenwood-h.school@det.nsw.edu.au) Web: [www.glenwood-h.schools.nsw.gov.au](http://www.glenwood-h.schools.nsw.gov.au)  
 Find us on   

Please note that some of the dates may be subject to change.





## GHS Clubs and extra-curricular activities 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before School</b>	<b>SciHelp</b> <b>Yr 11 Chemistry &amp; E&amp;S</b> <i>E1 (Mr Hussain)</i>		<b>Fitness</b> 7:30 – 8.150am <i>Top of C Block Yr 10-12 Students (Mrs Davies)</i>  <b>Breathing Space</b> 8:10 – 8:30am <i>CC in Library (Mrs Achar)</i>		
<b>Recess</b>	<b>SciHelp (Wk B)</b> <b>Y7-10 Science</b> <i>E1 (Ms Wiyana)</i>				
<b>Lunch</b>	<b>MathsHelp</b> <i>P8 (Mrs Brahe)</i>  <b>GHS Choir</b> <i>C2 (Mr Herne)</i>  <b>SciHelp (Wk A)</b> <b>Yr11&amp;12 Physics</b> <b>Yr7-10 Science</b> <i>E1 (Mr Hussain &amp; Ms McLeay)</i>	<b>Chess Club &amp; Board Games</b> <i>CR1 (Mr Millard &amp; Mr Walker)</i>  <b>MathsHelp</b> <i>P8 (Mrs Brahe)</i>  <b>Chill Chat Colour</b> <i>Top of B Block (Ms Powell)</i>		<b>Sisterhood</b> <i>Top of D Block (Ms Ruzic)</i>  <b>MathsHelp</b> <i>P8 (Mrs Brahe)</i>	<b>JAM</b> <i>Top B Block (Ms Cummins / Mr Dizon)</i>
<b>After School</b>		<b>Homework Centre - All</b> <i>3-4pm Library (Mrs Fleurant)</i>  <b>Senior Dance Ensemble</b> <b>(Yr 10, 11&amp;12)</b> <i>3-4.30pm J6 (Miss Taylor)</i>  <b>Art Club (Yr 7&amp;8)</b> <i>3.10-4.30pm Art workshop, J Block (Mrs McDonald)</i>  <b>Cycling on M7</b> <i>3.30pm – 4.30pm approx. Meet at back carpark gate (Mr Cyreszko)</i>	<b>School Band</b> <i>2:50-4pm Music Prac Room (Mr Herne &amp; Miss Cross)</i>  <b>Intermediate Dance Ensemble</b> <b>(Yr 8&amp;9)</b> <i>3-4.30pm J6 (Miss Taylor)</i>	<b>Makers &amp; Robotics Club</b> <i>3-5pm iCentre (Mr Lewis)</i>  <b>Minecraft Club</b> <i>3-5pm iCentre (Mr Lewis)</i>	<b>Junior Dance Ensemble</b> <b>(Yr 7&amp;8)</b> <i>3-4:30pm J6 (Miss Taylor)</i>





**GLENWOOD  
HIGH SCHOOL**

*Innovation Opportunity Diversity Success*

T 02 9629 9577  
F 02 9629 2796

Forman Avenue,  
Glenwood NSW 2768

Email: [glenwood-h.school@det.nsw.edu.au](mailto:glenwood-h.school@det.nsw.edu.au)

### **IMPORTANT INFORMATION**

#### **Pedestrian and motorist safety around Glenwood High School**

At Glenwood High School we are continuing to focus on encouraging safe behaviour in students, staff and parents. We appreciate the support that our school receives from our parents. Pedestrian and motorist safety is a high priority.

To keep our children safe during school travel times, motorists should drive no faster than 40km/h through school zones, which operate from 8.00-9.30am and from 2.30-4.00pm on school days.

Our Drop-off and Pick-up zone operates from 8:00-9:30am each morning, and again 2.30-3.30pm each afternoon. This zone is designed for quick entry and exit and to minimise congestion and risk when used properly by all parents and carers. However, outside these times the area becomes a "parking area".

#### **Safety tips for drivers using the Drop-off and Pick-up zone**

- Always drop-off or pick-up your child from the designated 'Drop-off and Pick-up zone'.
- When you enter the 'Drop-off and Pick-up zone', always drive down as close to the bottom as possible to allow more cars to enter the zone.
- Always pull your car to the left hand side of the zone, allowing other cars to pass on the right hand side of the zone.
- Do not stop your vehicle in the middle of the 'Drop-off and Pick-up zone', or on the right hand side of the zone.
- Drivers should remain in their vehicles, or within 3 metres of your vehicle at all times in the 'Drop-off and Pick-up zone'.
- Maximum time you can stop in this zone is 2 minutes.
- Make sure children use the footpath side door to get in and out of the car.
- Make sure the handbrake is applied when the vehicle is stationary.
- Always park legally.
- Avoid dangerous manoeuvres such as U-turns and three-point turns.
- When using the 'Drop-off and Pick-up zone' always exit left onto Forman Avenue (there is a No Right Hand Turn sign). If requiring to travel west on Forman Avenue, please exit turning left and use the roundabout on the corner of Glenwood Park Drive to continue your journey.

All Glenwood High School car parks are only for the use of staff. Parents and carers are not permitted to park, drop-off or pick-up students within the school grounds.

When parking around GHS, motorists are asked to ensure that residents around our school continue to be treated with courtesy and respect. Parents are reminded not to park in and across driveways and park according to street signage.

Parents/Carers are also reminded that the Goodstart Early Learning Child Care Centre carpark, located next to the school is for their client use only. If you do not have children attending this centre, please do not park in this area.

Students are reminded when walking to and from school to cross in groups, when using the pedestrian crossings on Forman Avenue and Glenwood Park Drive.

If there is an emergency that precludes you from collecting your child at the end of the school day, please advise the school office so that alternative arrangements can be made.

**Thank you for your support in working with us in keeping our students and your children safe.**



## CALENDAR TERM 1, 2019

### Week 3B

Monday	11 February	OnStage Exhibition Year 11/12 Drama students Year 7 InTouch—6-9pm
Tuesday	12 February	Senior Ensemble Audition—Yrs 10-12
Thursday	14 February	High Achievers Assembly -9.30am Secondary Girls Volleyball Trials
Friday	15 February	Secondary Baseball Trials

### Week 4A

Monday	18 February	Secondary Tennis Trials 15/s Open Secondary Golf Match Play
Tuesday	19 February	School Photographs—Yrs 10,11 12 & staff
Thursday	21 Thursday	School photographs—Yrs 7, 8 & 9 +siblings Secondary Boys Volleyball Trials
Friday	22 February	School Swimming Carnival—Competitors only

### Week 5B

Monday	25 February	<b>Year 7, 2020 Information Evening—6pm</b>
Tuesday	26 February	School photographs -catch up day
Thursday	28 February	All Schools Triathlon
Friday	1 March	Year 7 Vaccinations 1st dose HPV and single dose dTpa All School Triathlon Sydney West Swimming entries due

### Week 6A

Monday	4 March	<b>Year 7, 2020 Gifted and Talented Information Evening -6pm</b>
Tuesday	5 March	Macquarie Zone Swimming Carnival
Wednesday	6 March	P & C Meeting—7pm—All Welcome –AGM Secondary Golf Trials
Thursday	7 March	Macquarie Cup—Netball
Friday	8 March	Secondary Rugby Union Trials B/G Basketball Trials

### Week 7B

Monday	11 March	Sydney West Swimming
Tuesday	12 March	Macquarie Cup Touch Football –boys & girls
Thursday	14 March	Secondary Rugby League Opens/15s Trials
Friday	15 March	Harmony Day Secondary Girls Football Trials

Refer to either our website/facebook or school  
app for further information  
Please note dates are correct at [time of publishing](#)



Find us on:  
**facebook**



# GLENWOOD COMMUNITY NEWS



## Safer Drivers Course for young learner drivers

### Preparing you for your **P's**

Become a safer driver and earn 20 hours of bonus log book credit by enrolling in a Safer Drivers Course.

The Safer Drivers Course is available to learner drivers under the age of 25 who have completed at least 50 log book driving hours.

To book a Safer Drivers Course contact:

**National Driver Education Pty Ltd**

**02 9853 3243**

[www.ndeaustralia.com.au](http://www.ndeaustralia.com.au)

[programs@ndeaustralia.com.au](mailto:programs@ndeaustralia.com.au)



National Driver Education is accredited by Roads & Maritime Services as a provider of Safer Driver Courses for Learner Drivers.

**MODULE 1 & 2 ARE CONDUCTED ON THE SAME DAY. 5HR COURSE.**

**REFRESHMENTS, MORNING TEA & LUNCH PROVIDED,**

Learner Drivers earn **20 BONUS HOURS** in their log book at the completion of the course.

Next Available Course dates:

### **Quakers Hill**

Saturday 10th March 2019

Tuesday 16th April 2019 (School Holidays)

Further 2019 dates to be advised – please call 02 9853 3243

### **Rouse Hill**

Saturday 9th March 2019

Wednesday 17th April 2019


Further 2019 dates to be advised – please call 02 9853 3243

Please visit [www.ndeaustralia.com.au](http://www.ndeaustralia.com.au) to book a course or call 02 9853 3243.

## **N.B. Free course for disadvantaged learner drivers**

The NSW Government is offering **1000** free places on the Safer Drivers Course each year to help young learner drivers from disadvantaged backgrounds and Aboriginal communities. The fee exemption allows those who are financially disadvantaged to benefit from the road safety outcomes of the Safer Drivers Course.





### School Opal Card

As part of our campaign against fare evasion, and our on-going commitment to provide the level of service needed to transport students to and from your school, Busways conducts regular checks of School Opal card.

**All students must be in possession of a valid Opal card or pay a fare.**


**Students in possession of an Opal card must also tap on/off with their card when boarding our buses.**

This is important, because the Opal data collected determines the level of service we are able to provide to your school. If students don't tap on and off, the services will appear underutilised and may be considered for cancellation based on low passenger numbers.

To apply for a School Opal card or to report a lost or stolen card, go online to [www.opal.com.au/en/about-opal/opal-for-school-students/](http://www.opal.com.au/en/about-opal/opal-for-school-students/)

Students who are ineligible for School Opal will need to purchase a Child/Youth Opal card or pay a fare to travel on our buses.

Thank you in advance for your assistance and support.




## Work at the biggest event in NSW

# NSW State election

## 23 March 2019

Get paid to help deliver democracy.

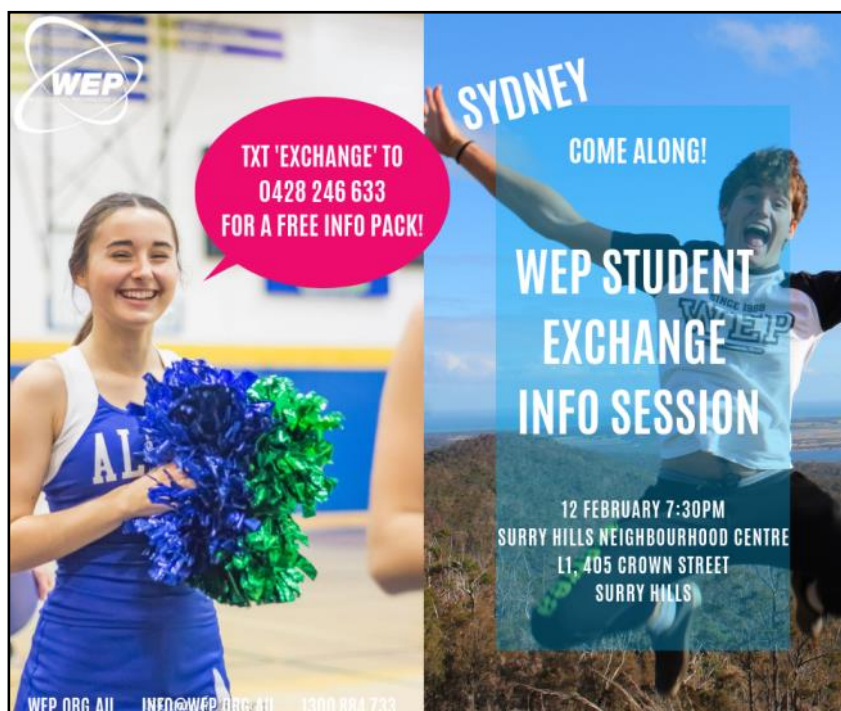
We offer a variety of roles based on your interests and experience.

You must be on the electoral roll to work at the election.

Apply now at [elections.nsw.gov.au](http://elections.nsw.gov.au)



NSW Electoral Commission



**WEP**

**SYDNEY**

**COME ALONG!**

**WEP STUDENT EXCHANGE INFO SESSION**

**12 FEBRUARY 7:30PM**  
**SURRY HILLS NEIGHBOURHOOD CENTRE**  
**L1, 405 CROWN STREET**  
**SURRY HILLS**

**TXT 'EXCHANGE' TO 0428 246 633 FOR A FREE INFO PACK!**

**WEP.ORG.AU INFO@WEP.ORG.AU 1300 884 733**



# GLENWOOD COMMUNITY NEWS



## SAINTS

### 2019 Netball Registrations

Registrations open 1<sup>st</sup> January 2019. All registrations to be done online. Follow the registration link at <http://standrewsnc.nsw.netball.com.au> or scan below:

**Players from  
4yrs-Seniors**

**No playing  
experience necessary**



**Training at Jonas  
Bradley Reserve,  
The Ponds**

**Games at International  
Peace Park Blacktown**

For questions regarding registration, contact our Registrar Jen Wolfram on 0400311522 or [registrar.saints.netball@gmail.com](mailto:registrar.saints.netball@gmail.com)

### Important dates:

**Wednesday 13/2 6pm – Come-and-try day**

*Jonas Bradley Reserve, The Ponds*

Come along and try Netball! No experience necessary!

**Sunday 17/2 10am-1pm- Uniform try-on day**

*Jonas Bradley Reserve, The Ponds*

All new players and players requiring new uniforms to attend.

**Grading Nights** (compulsory for all players)

Wednesday 27/2 – (8-12yrs) Times to be advised

Wednesday 6/3 – (13yrs-seniors) Times to be advised





First 24 signed Junior or Senior Members receive  
FREE Training Apparel  
valued @ \$150

## **"ELITE ATHLETE DEVELOPMENT"**

**FOR ALL SPORTS INCLUDING NETBALL, RUGBY  
LEAGUE/UNION, SOCCER, BASKETBALL & MANY MORE...**

### **UNLOCK YOUR GREATNESS**

We train 4 nights a week Mon to Thurs,  
running four 1hr time slots.

4pm Session  
5pm Session  
6pm Session  
7pm Session

Location: Plumpton High School, 141  
Hyatts Rd Plumpton NSW 2761

**FOR AGES 9 – 18 years**

### **WHAT WE OFFER**

- + Private 1:1 Coaching/Training
- + Group Training
- + Functional Sport Training
- + Performance Testing
- + Individualised Programs
- + Sport Science & Sporting Analytics
- + GPS, Heart Monitoring, Smart apps
- + Health, Wellbeing & Recovery
- + Full Reporting & Feedback
- + Diet & Nutrition
- + Growth Mindset

## **MAXIMISE YOUR PERFORMANCE WITH US!**

Junior Athlete Development Academy Ages 9-11

Senior Elite Athlete Development Ages 12-18

Functional Sport Training Ages 12-18

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**Call 0478 666 824**



# GLENWOOD COMMUNITY NEWS

parenting \* ideas

## insights

### Preventing childhood bullying

by Michael Grose



Childhood bullying is an insidious behaviour that thrives on secrecy and adult acquiescence.

The recent efforts by a father in Ohio, USA to hold his child accountable for bullying is commendable, even if the technique he used is questionable.

Matt Cox insisted that his ten year daughter walk eight kilometres each way to school for three days after she was banned from the school bus for bullying.

He posted a film of her walking to school on social media, which has drawn over 15 million viewers. Cox's actions have drawn mixed responses from parents and professionals alike.

Let's look at the filming and posting of a disciplinary measure to social media first. It's a firm belief of the Parenting Ideas team that discipline works best when it's a private matter between parents and their children, and not something shared with others.

#### **Keep discipline private**

Many kids feel uncomfortable when even their close family are aware of the discipline they are experiencing. The posting of the film on social media borders on the realms of humiliation, which probably wasn't this father's intention. Imagine thirty years ago if Cox's parents had filmed an act of discipline involving their son and screening it as a short in movie theatres across the country. There would have been a public outcry about this invasion of privacy. Now thanks to social media posting of private matters is the new normal, which often goes unquestioned.

Parents should be encouraging their children to think very carefully before they post anything on social media as once the genie is out of the bottle it can't be put back. This video could well come back to haunt his daughter in the years to come.

#### **Being accountable**

It's laudable that this father wants to hold his daughter accountable for her actions rather than dismiss the behaviour as minor, or 'just one of those things that happen.' Too often parents excuse their children's poor behaviour, or simply don't take it seriously enough.



## parenting\*ideas

This father backed the actions of the bus driver, which were presumably endorsed by the school. Parent inaction over children's inappropriate behaviour is a common frustration for many teachers and principals so I suspect knowledge of this dad's actions would have been greeted by high fives by most of the staff at the girl's school.

Reflection is a pre cursor to behaviour change so the fact that she walked to school gave her plenty of time to ponder on her actions. However this type of punishment doesn't generally lead to a reduction in bullying in the long-term.

### Restore relationships

Relationship restoration is a key strategy used by many Australian schools that's proving successful in changing bullying behaviour. Increasingly, kids who bully are expected to face up to their victims in safe, teacher-lead meetings. They are required to recall their actions and account for their behaviour. They also hear first hand the impact that their behaviour has had on the person they bullied, which is usually very confronting. This restorative justice method promotes real accountability as kids are expected to make amends in some way for the hurt that they have brought to the other person.

Research shows that many children who bully generally don't identify with the impact of bullying, so hearing first hand how their behaviour impacts on others is more likely to create some empathy, and hopefully, a decrease in bullying.

Like any behaviour change method, restorative justice doesn't work all the time. It needs to be applied in a calm, respectful way and it requires the support of the families of all children involved. This restorative justice method is less about seeking vengeance ('you'll get your come uppance') and more about seeking justice for the person who is bullied ("do you feel safe and also that you've been heard?") and achieving behavioural change from the child who bullies.

### Use the restorative approach at home

Parents can practise this restorative approach in their families by encouraging a child to make amends if they've upset or been nasty to a brother or sister. 'You mess up relationships, you make up relationships' is a fabulous way for kids to take ownership of their anti-social behaviours. Again to be effective this method needs to be carried out in a safe, calm manner at a time when children and teenagers are likely to listen.

Childhood bullying requires a zero tolerance approach from parents, teachers and coaches if it is to be stamped out. The approach taken needs to be respectful to everyone involved; aimed at achieving justice and maintaining personal safety rather than seeking vengeance and gaining pay back; and stay firmly in the private rather public domain.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World* and *Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.



# GLENWOOD COMMUNITY NEWS

parenting\*ideas

## insights

### Top five strategies to improve your parenting this year

by Michael Grose



The start of the year is a great time for making changes and improvements to the way you raise kids. But it's difficult to know where to begin.

To assist with the change process we've carefully selected five practical strategies that will have a positive impact if acted upon. We've organised webinars in the first half of the year to assist you to implement each strategy.

#### 1. Switch on your child's strengths

Most of us have been conditioned to focus on what kids can't do. There is a better way. The Positive Psychology movement led by US-based psychologist Dr. Martin Seligman showed that when we can unearth kids' strengths we are, in effect, unlocking their true potential for success and happiness. Three elements come together to make a strength and parents need to be mindful of all three: performance (being good at something); energy (feeling good doing it); and high use (choosing to do it).

Professor Lea Waters, author of the wonderful new book *The Strength Switch* and current President of the International Positive Psychology Association will show you how to focus on kids' strengths in her webinar 'Switching on your child's strengths'.

#### 2. Balance kids' extra-curriculum activities

Alongside social media and news events, being busy is now recognised as a major stressor for many children and young people. The choice of activities to keep kids busy after school hours is mind-boggling.

Having so many options is wonderful but it does place a new set of pressures on parents and kids. The cost of loading kids up with scheduled activities is that many don't get the chance for free play, or simply 'vegging out' on the couch.

Parenting Ideas expert Dr. Jodi Richardson will help you find the right balance of activity for your family in her webinar 'Balancing extra-curricular activities'.

#### 3. Focus on friendships

Friendships are an important part of the road to adulthood for a child or young person. Friendships can also be



## parenting\*ideas

problematic. Not every child is naturally outgoing and makes friends easily. If your child has difficulty forming friendships and is worried by that, then there are many ways to approach this including: encouraging kids to spend one-on-one time with others, making extra-curricular activities fit their interests, and coaching kids to develop friendly behaviours.

The wonderful [Sharon Witt](#) will conduct a webinar 'Teach girls to build each other up', focusing on friendship skills especially for parents of girls.

### 4. Give kids tools to manage anxious moments

Currently we have a childhood anxiety problem. A big one! And it's mostly undetected as community understanding of anxiety is low. It's our experience at Parenting Ideas that many parents are anxious and they don't know it, and many children routinely experience anxiety, which goes unrecognised.

Parenting Ideas founder Michael Grose is conducting a webinar '[Managing your child's anxiety](#)' to help parents on this challenging but important topic.

### 5. Develop rights of passage

Community changes have largely eradicated many traditional rights of passage, making it harder for a young person to know when they've become an adult.

Fortunately, many families are now creating their own to mark events such as the end of primary school, the move into the teenage years, and mark different stages of adolescence. These traditions are now becoming legitimate rights of passage for young people.

Internationally recognised expert on rites of passage Arne Rubenstein will outline practical ways you can recognise a young person's important life markers in his webinar '[Creating 21st century rites of passage](#)'.

### Will anything be different this year?

Change and improvement in anything worthwhile generally comes incrementally rather than in one giant leap. We've pointed you in the right parenting to take this year. With our webinars we've made it easy to take that vital first step. Have a great parenting year.



#### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including *Thriving!* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*, and his latest release *Spoonfed Generation: How to raise independent children*.





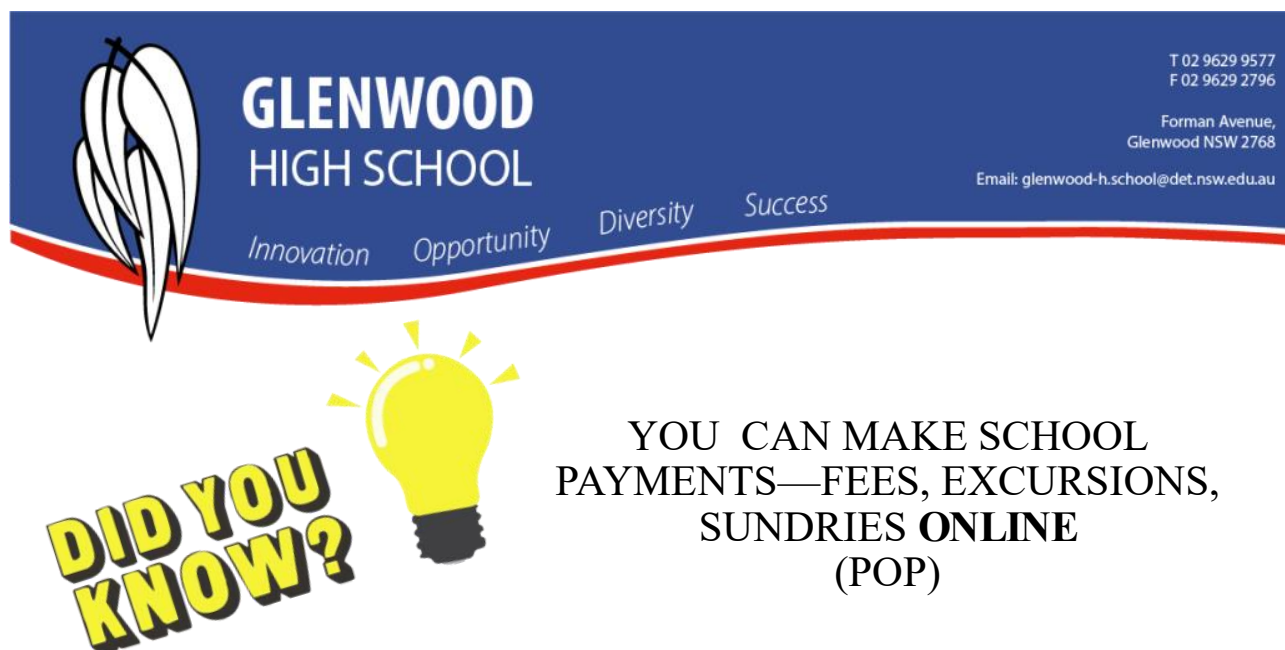
Students are to bring their BYOD to school everyday. If your child's laptop is not working or is unable to bring their device to school everyday, they are to see **Mr Lewis** Staffroom East or in the iCentre.

If you are experiencing financial hardship, please collect an Equity Application Form from the Front Office and return it to the your child's Deputy Principal.

More information can be found at:

<http://www.glenwood-h.schools.nsw.edu.au/technology>





Our **preferred** payment method is Parent Online Payment (POP).

Please refer our website: [www.glenwood-h.schools.nsw.edu.au](http://www.glenwood-h.schools.nsw.edu.au) and click on “make a payment” and then follow the prompts.

This a secure payment page hosted by Westpac and linked to the school’s website to make it easier for you to pay for school related payments. Please refer to instructions on our website, facebook and Glenwood High School App.

**Please Note:** This does **NOT** include payments for the uniform shop. Please refer to the Uniform Shop Flyer for details on purchasing uniforms or refer to Alinta Australia website: [www.alintaapparel.com.au](http://www.alintaapparel.com.au)

Parents or students who wish to pay:

**Cash in person** at our front office, **CORRECT MONEY** must be placed in an envelope clearly detailed for processing. Receipts **will not be issued** immediately as processing of all cash payments will be done throughout the day. Receipts can be collected by your child, during recess or lunchtime.

**EFTPOS** at the front office, you will receive your EFTPOS receipt at time of payment. The itemised receipt can be collected by your child during recess or lunchtime.

Due to the financial cost of the use of the EFTPOS facility, the policy of a \$10.00 minimum charge will remain.

Unfortunately, we are unable to take payments over the phone.

**PLEASE NOTE: If paying in person, we cannot accept any payments after 2pm daily.**



## How to access the Parent Portal

Upon your child's enrolment, you will receive an email from Glenwood High School that contains your Sentral Portal's username and password. Please contact the school if you have not received it.

step  
1

Go to [www.ghsintranet.com](http://www.ghsintranet.com)



step  
2

Click on Sentral Portal



step  
3

Click on  
Parent Sentral Portal



step  
4

Sign in using the details that you received from the school upon enrolment







<http://www.facebook.com/glenwoodhighschoolnsw/>



glenwoodhighs



<http://www.youtube.com/glenwoodhighschoolnsw>



Glenwood High School  
*available on iOS and Android*



<http://www.glenwood-h.schools.nsw.edu.au/>

[glenwood-h.schools@det.nsw.edu.au](mailto:glenwood-h.schools@det.nsw.edu.au)

JOIN US ONLINE



# GLENWOOD HIGH SCHOOL

## School Uniform Shop



### Welcome to Alinta Apparel

Alinta Apparel is an Australian owned, customised School and Sports uniform manufacturer. Alinta manages over 60 uniform shops across Australia and New Zealand. Alinta has an exclusive partnership with your school to supply all aspects of the school uniform.

### Online School Shop Portal

Your school uniforms are available to be purchased at the school uniform shop. Please check your school web site or the Alinta online portal for the opening hours. You are also able to view the pricelist, book a uniform fitting and purchase uniforms online. To access this, please follow the step below: Step 1 : Go to [www.alintaapparel.com.au](http://www.alintaapparel.com.au), click on "online Shopping" then "register"

### Uniform Sizes

In order for Alinta to provide new students with uniforms, it is essential that all new students visit the uniform shop. We stock a wide range of sizes in all of our schools, however, if you suspect you need a special size made either smaller or larger, please visit the shop as soon as possible for your fitting. A special make up order (SMU) may be required and depending on the circumstance this can take up to 12 weeks.

### Extended Hours

The uniform shop generally operates school term only, during January and back-to-school periods the shop will have extended opening hours. During regular school holidays not every school will be open, please visit the online shop portal to view any possible extended hours.

### Refunds, Exchanges and Warranty

Alinta will exchange for another product or size and will refund if you change your mind. All garments must be unworn, not washed and still have original tags and packaging. All items have a 12 month retail warranty, if you are not satisfied with your product, please take the garment to the uniform shop for assessment. If the item is deemed faulty, a replacement will be given.

### FAQ

**Q: Can you Layby? And how much is the deposit?**

**A:** Yes you can. Laybys can only be processed in store and requires a 20% deposit.

**Q: Can you purchase online and is there a delivery fee?**

**A:** Yes definitely, to place an order online, log into your account or create one and click on the "shopping" tab. There is a flat fee for all delivery items, all orders will be posted when your shop is next open. Delivery takes 2-5 business days and is shipped using Australia Post.

**Q: What are your payment options?**

**A:** Alinta accepts, Visa, Mastercard and Cash.

**Q: If the uniform shop is closed and I urgently need to speak with someone, who can I call?**

**A:** Alinta Head Office, if you are after urgent answers please phone 02 4321 0433.

**Q: Who can I contact if I have a complaint or a complaint?**

**A:** Alinta loves feedback, if you need to contact us about your shop experience, please email [info@alinta.com](mailto:info@alinta.com)

**Q: Do you stock second hand uniforms?**

**A:** Some schools may have a second hand rack in store, otherwise second hand may be organised by your school or school community. It's recommended that you phone your uniform shop for clarification on second hand uniforms.

Alinta Apparel Pty Ltd | E: [info@alinta.com](mailto:info@alinta.com) | W: [www.alintaapparel.com.au](http://www.alintaapparel.com.au) | P: 02 4321 0433 | F: 02 4321 0411







## Shop Hours

Monday 8.00-11.00am  
 Tuesday 2.30-4.00pm  
 Wednesday 8.00-11.00am  
 Friday 2.30-4.00pm

## Contact Details

(02) 9672 6891  
 glenwoodhigh@alinta.com.au

# Glenwood High School Uniform Shop Order Form



Girls Uniform: Yr7-Yr12	Size	Price	Size	Price	Qty
SS Blouse Yr7-Yr10	J8 - J14	\$36.00			
	L8 - L20	\$38.00			
SS Blouse Yr11-Yr12	J10 - J14	\$36.00			
	L8 - L20	\$38.00			
Tartan Skirt	J4 - L20	\$57.00			
Striped Pants	J8 - L20	\$60.00			
Boys Uniform: Yr7-Yr12	Size	Price	Size	Price	Qty
SS Shirt Yr7-Yr10	J8 - J14	\$34.00			
	X5 - 3XL	\$36.00			
SS Shirt Yr11-Yr12	J12 - J14	\$34.00			
	X5 - 3XL	\$36.00			
Formal Shorts	J10 - 3XL	\$40.00			
Formal Trousers	J10 - 3XL	\$55.00			
Sports Uniform	Size	Price	Size	Price	Qty
Sports Polo	J8 - J14	\$39.00			
	X5 - 3XL	\$41.00			
Girls Sport Shorts	J12 - L20	\$35.00			
Boys Sport Shorts	J8 - 3XL	\$35.00			
Trackjacket	J8 - 3XL	\$82.00			
Trackpants	J8 - 3XL	\$49.00			

Outerwear	Size	Price	Size	Price	Qty
Knitted Jumper	8-16	\$75.00			
	18-20	\$78.00			
Blazer	All Sizes	\$140.00			
Soft Shell Jacket 7-12	All Sizes	\$90.00			
Accessories	Size	Price	Size	Price	Qty
Boys School Tie	One Size	\$20.00			
Girls Formal Bow Tie	One Size	\$15.00			
Socks 1 pk	All Sizes	\$5.95			
Microfibre Tights	All Sizes	\$14.00			
Gloves	One Size	\$8.00			
Scarf	One Size	\$12.00			
Leather Belt	All Sizes	\$15.00			
Apron	One Size	\$12.00			
Sports Cap	One Size	\$17.00			
Backpack	One Size	\$66.00			
Fabric Marker		\$4.00			

## Order Form Details

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

## Payment Options

☐ Visa ☐ Mastercard ☐ Cash (enclosed)

Name On Card: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

CVC: \_\_\_\_\_

Signature: \_\_\_\_\_

## Note:

- Sizes not carried are available by custom order. 3 month lead time applies. An additional \$10.00 is applied to custom orders and all sizes above and including a 4XL/L22.
- Online orders are distributed from the Uniform Shop the next opening day of the shop. A postage charge will occur for all orders marked for delivery.
- Payments can be made by Cash, Credit Card or Debit Credit Cards only.

Prices Effective from 1-9-2018 and are subject to change without notice.





# Glenwood High School

Innovation Opportunity Diversity Success

## AUTHORITY TO CHANGE STUDENT RECORD DETAILS

Dear Parent/Guardian

The need for our school to keep records up to date and accurate is extremely important, particularly in the case of emergencies. Please fill in the following change of record details and return to the school at your earliest convenience.

<b>STUDENT'S FULL NAME</b> (Include Siblings ATTENDING Glenwood High School)	_____ Year _____ _____ Year _____ _____ Year _____ _____ Year _____
<b>PARENT/GUARDIAN WITH          WHOM THIS STUDENT          NORMALLY LIVES</b>  <b>PARENT/GUARDIAN 1          DETAILS</b>	NAME: _____ RELATIONSHIP: _____ MOBILE: _____ HOME: _____ WORK: _____ EMAIL: _____ Preferred Family Email Address: _____
<b>PARENT/GUARDIAN 2          DETAILS</b>	NAME: _____ RELATIONSHIP: _____ MOBILE: _____ HOME: _____ WORK: _____ EMAIL: _____
<b>RESIDENTIAL ADDRESS:</b>	_____ POSTCODE: _____
<b>PARENT/GUARDIAN NOT          LIVING WITH THIS STUDENT          OR SHARED PARENTING          ARRANGEMENTS IF          APPLICABLE.</b> Please advise time spent living at this address (if any) and attach Court Orders if applicable.	NAME: _____ ADDRESS: _____ RELATIONSHIP: _____ Time Spent at this address: _____ MOBILE: _____ HOME: _____ WORK: _____ EMAIL: _____
<b>EMERGENCY CONTACT          DETAILS - (OTHER THAN          PARENT/GUARDIAN)</b>	NAME: _____ RELATIONSHIP: _____ MOBILE: _____ DAY TIME NUMBER: _____ NAME: _____ RELATIONSHIP: _____ MOBILE: _____ DAY TIME NUMBER: _____

### ATTENTION

If you have moved out of the Glenwood High School local enrolment area you need to attach a letter to the Principal outlining the reason for your move. The letter must also explain why you wish your child to remain at the school as a non local enrolment, instead of moving your child/children to their local High School.

**PARENT/GUARDIAN'S NAME**  
 Principal Mrs Sonja Anderson Forman Avenue Glenwood NSW 2768

**SIGNATURE**  
 T 02 9629 9577 F 02 9629 2796

**DATE**  
 ABN 90 913 676 854





# School Community Charter

 **Collaborative. Respectful. Communication.**

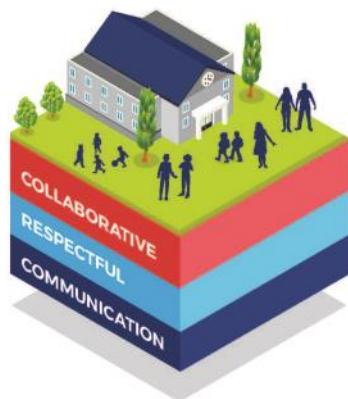
The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

## What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 – 2022.



## Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- to be welcomed into our schools to work in partnership to promote student learning.
- communication from school staff will be timely, polite and informative.
- professional relationships with school staff are based on transparency, honesty and mutual respect.
- to be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We treat each other with **respect**

We **prioritise** the wellbeing of all students and staff

**Unsafe behaviour** is not acceptable in our schools

We work **together** with the school

**Ensuring respectful learning environments for all members of NSW Public Schools communities.**





We create  
**collaborative**  
learning  
environments

We  
all play  
**a part**

We work  
**in partnership**  
to promote  
student  
learning

### Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: [education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students](https://education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students)

### Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

### Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.



**Collaborative.  
Respectful.  
Communication.**

**School Community Charter**

[education.nsw.gov.au](https://education.nsw.gov.au)