

# Webster-pak Community

Webster-pak Community Multi Dose packs are the perfect solution for all individuals who take multiple medications and are suitable for all age groups.

Webster-pak Community ensures you take the right dose at the right time, with safety and ease. It helps you manage a broad range of medications, from standard prescriptions and supplements, to the most complex protocols.

Webster-pak gives you freedom and confidence by organising your medication, simplifying your doses and daily routine.

- ✓ **Safe & Easy**
- ✓ **Organised**
- ✓ **Always on time**



## Your specialised Webster-pak pharmacist

**Webster-pak is an Award Winning, Australian Family Owned Innovation.**

Pharmacies have been offering Webster-pak support for over 40 years, as we know it offers you the best opportunity to successfully take medication as planned, and for your health and wellbeing to thrive.

There are many Webster-pak solutions to support your unique needs. We're always available to discuss options which would best support your lifestyle.

**Just ask us:**

**ASK YOUR PHARMACIST**



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\*Reference: 1. Managing medications made easier. VA Research Today, 2010 (Spring): 54-57. 2. Valenstein et al. Using A Pharmacy-Based Intervention To Improve Antipsychotic Adherence Among Patients With Serious Mental Illness. Schizophrenia Bulletin 2009:8-9.

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# Live your best life with Webster-pak®

**Manage your medication with confidence and ease**



Peace of Mind with Medication®



# A Webster-pak for everyone

Medication and supplements support your health for a range of reasons, through all stages of life. That's why there is a Webster-pak for absolutely everyone!

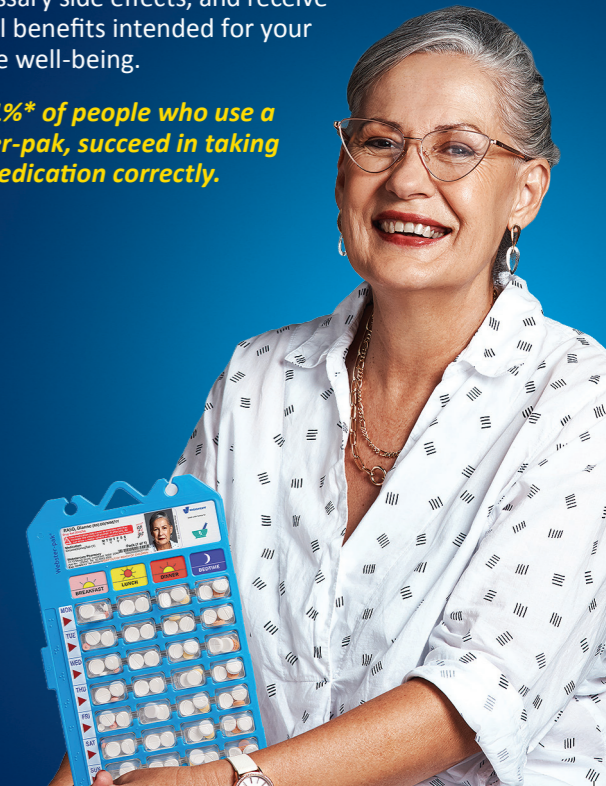
A Webster-pak can help you organise your medication with less stress and allows you more freedom. It empowers you to manage your health with confidence and live your best life.

## Webster-pak supports you

- Simplifies your doses and daily routine
- Ensures you're taking your medication correctly
- Handy to take with you wherever you go
- Great value and easy to use

Webster-pak is the safest and most economical pack available. By helping you take your medication as instructed, you will avoid unnecessary side effects; and receive the vital benefits intended for your ultimate well-being.

**Over 91%\* of people who use a Webster-pak, succeed in taking their medication correctly.**



## Webster-pak provides support for specialised needs

### Webster-pak Multilingual

Multilingual packs translate meal times and days of the week in your language. With over 20 to choose from, Webster-pak speaks your language!



### Webster-pak Low Vision

Low Vision packs, designed in consultation with Vision Australia, help if your sight is impaired. With larger text, higher contrast and simplified braille, you will have confidence taking your medication.



### Webster-pak Flexi-pak®

Flexi-paks allow you to tear off one or more doses when you're out and about. All medications remain securely sealed within each blister and each dose is clearly labelled. Great for travel and flexible lifestyles.



## How do I use my Webster-pak?

- 1 Ask your pharmacist to dispense your prescription and supplements in a Webster-pak which best suits you.
- 2 Your Webster-pak will organise your medication into individual blisters to the correct:
  - A Dose
  - B Day
  - C Time of Day
 Blisters are sealed for your safety and inserted in your reusable, antimicrobial holder for protection and safe keeping.
- 3 The front of your personalised Webster-pak includes safety features such as:
  - Your **name** and **photograph**, which is handy when there are multiple users in a household
  - Medication information and safety cautions
  - Packing date, storage directions and expiry date
  - Your pharmacy's contact details
 A list of all prescribed medication, including liquids or creams not in the pack, can also be noted on the front.
- 4 The back of your Webster-pak details:
  - the name and strength of each medication
  - directions for use of each medication
  - the name of the prescribing doctor
 ↘ *These features provide vital information for carers and emergency workers.*
- 5 Speak with your pharmacist to arrange a monthly or weekly collection of your Webster-pak, paying a minimal packing cost plus your medication fee.
  - ↘ *For less than the cost of a coffee you can save time, reduce stress and manage your medication with confidence.*
- 6 Hang your Webster-pak on your fridge with a **Webster-pak Magnet**, and easily see where you're up to each day. Check the day of the week on the left, and the colour coded 'time of day' icons across the top.
  - ↘ *This feature is helpful for carers and emergency workers to check medication.*
- 7 Push the blister's contents through the foil backing. Or use your handy **Pil-Bob** to pop and capture the medication with ease.
  - ↘ *This is helpful for those with arthritis, the vision impaired or fumbling fingers!*

## Webster-pak gives you greater flexibility and support

### Webster-pak Magnet & Pil-Bob



The Magnet allows you to hang your medication in sight, acting as a visual reminder to take them. The Pil-Bob removes medication easily and hygienically – with less repetitive strain on your wrist. Good for arthritis or poor sight.

### Webster-pak Day Out



Day Out Clamshell-paks™ are a secure, handy little pack with four dosage times for when you're on-the-go. Perfect for packing your medications, vitamins and supplements, and fits easily into your bag.

### PocketProfile™ Medicines List



PocketProfile contains your entire medication profile, doses and pharmacy details. It folds to the size of a credit card to take wherever you go. Handy for GP and specialist appointments, especially critical in emergencies.