



SYDNEY WEST SECONDARY SWIMMING CHAMPIONSHIP

Tuesday 23 March, 2021

Sydney Olympic Park Aquatic Centre



Admission: Adults \$5.00; Competitors: No charge



SYDNEY WEST SECONDARY SCHOOL SPORT ASSOCIATION

EXECUTIVE

President

Mrs Laretta Claus

Arthur Phillip High School

Vice Presidents

Mr Gavin Holburn

Kingswood High School

Miss Sheridan Southall

Glenwood High School

Secretary

Mrs Karen Scanes

Greystanes High School

Swimming Convener

Julie Letters

Penrith High School

Sports Coordination Officer (R)

Mr Daniel Brown

School Sport Unit

COMPETING ZONES – MEMBER SCHOOLS

BLACKTOWN

Cap Colour: Royal Blue

Blacktown Boys

Blacktown Girls

Evans

Girraween

Mitchell

Quakers Hill

Riverstone

Seven Hills

Wyndham College

MACQUARIE

Cap Colour: Grey

Crestwood

Colo

Glenwood

Hawkesbury

Kellyville

Richmond

Rouse Hill

Windsor

The Ponds

NEPEAN

Cap Colour: White

Blaxland

Glenmore Park

Jamison

Katoomba

Nepean

Penrith

Springwood

Winmalee

WERRINGTON

Cap Colour: Black

Cambridge Park

Colyton

Cranebrook

Erskine Park

Kingswood

St Clair

St Mary's Senior

HILLS

Colour: Gold/Royal Blue

Baulkham Hills

Castle Hill

Cumberland

James Ruse Ag.

Model Farms

Muirfield

Northmead

MOUNT DRUITT

Cap Colour: Red

Chifley College, Bidwill

Chifley College, Dunheved

Chifley College, Mt Druitt

Chifley College, Senior

Chifley College, Shalvey

Doonside

Plumpton

Rooty Hill

PROSPECT

Cap Colour: Green

Arthur Phillip

Auburn Girls

Granville Boys

Granville South

Greystanes

Holroyd

Merrylands

Parramatta

Pendle Hill

THE HILLS SPORTS

Cap Colour: Sky Blue

The Hills Sports High School

SECONDARY SWIMMING CHAMPIONSHIP CONDITIONS

The Championships will be guided by the CHS Handbook – Section 6.21 and the New South Wales Swimming Incorporated.

Method of Starting

A one start rule will apply.

Competitors must be placed in their lanes and one half pace behind the starting positions.

The starters commands shall be:

a whistle blast – take position on blocks

“take your marks”

Electronic beep

In all events, competitors must remain in their lanes until ordered to leave the water by the sides

At the conclusion of each time trial, the 1st three placegetters will be announced to report to the recording table for their notes and certificates.

One Swim suit rule applies NO board shorts. Fast suits MUST have FINA approval sticker.

Once competitors are in the hands of officials controlling the event they are not to receive any coaching or advice.

Penalty: Disqualification.

Protests shall be dealt with by the Disputes Committee comprising: Carnival Manager, Referee, Relevant Sectional Managers.

No protests shall be considered unless lodged by the Team Manager, in writing, within 15 minutes of the conclusion of the event.

The Association Team will be chosen on times: in accordance with the S.W.S.S.A. By-Laws, Section 7, Part C. viz., the first two fastest times to State with the third competitor at the Convener's discretion.

Divisions

There will be an “A” and “B” Division of each event, except the following which have only a “A” Division.

* 100m Butterfly, * 200m Freestyle, * 200m Individual Medley, * 50m Backstroke and Freestyle (MD),

* 4x50m FS Age Relay, 4 x 50m Medley Relay, 6 x 50m All Age Relay, * 12 x 50m CHS Knockout Relay.

Age Champion points will be awarded to swimmers for all individual events swum only. Invitational swimmers do not accrue points.

RELAYS

Swimmers may compete in only one age relay at their own or an older age group.

All relay teams shall be school-based.

All-age Relay teams must contain one swimmer from each age division.

Relay sheets must be given to the Convener by 8.15am on the day of the Championships.

The concourse and all areas designated by the pool management are out of bounds to all spectators, at all times.

Zones are entitled to enter two swimmers per event, except for butterfly and the events listed in point 6. All events will be seeded based upon Zone entry times submitted prior to the championships. All Swimmers must compete in Zone Swim Caps.

Events Not Contested

The following events will not be contested at this carnival but will be contested at the Combined High School Championships. Submitted times for these events must reach the Convener by the date and conditions set out in the Sydney West website under Trials/Championship Information.

Boys/Girls 12-14, 15-16, 17-19 years 400m Freestyle; 400m Individual Medley

Boys/Girls Open 800m Freestyle

Boys/Girls 12-15, 16-19 years 50m Breaststroke (MD); 50m Butterfly (MD); 100m Freestyle (MD)

Invitation Swimmers

Zones may nominate a third swimmer or additional relay team, if just cause is given. All sections of the invitational application form must be completed, along with the following documentation/criteria:

- A letter from NSW Swimming confirming the nominated time.
- The nominated time must equal or better the sixth (6th) best time of the previous year's Sydney West Association Carnival
- The time(s) must have been swum within a twelve month period beginning on the commencement date of the previous year's carnival.

All such nominations must be received by email

By nominating a swimmer or team, it should NOT be presumed that they will be included in the championships. All successful nominations will be notified by via email.

Successful nomination will not be awarded points, but will be considered for Association selection and will be awarded certificates, if finishing in the top three times.

Point Score: 1st-25, 2nd-20, 3rd-18, 4th-16, 5th-14, 6th-12, 7th-10, 8th-9, 9th-8, 10th-7, 11th-6, 12th-5, 13th-4, 14th- 3, 15th- 2, 16th-1. Relays – Double Points

2021 SYDNEY WEST SECONDARY SCHOOLS PROGRAM OF EVENTS

NOTE: Events may be altered by the convener should the circumstances arise

#	Age	Event	Dist.	Stroke	#	Age	Event	Dist.	Stroke
1	12-14 Years	Girls	200m	IM	53	15 Years	Boys	100m	Freestyle
2	12-14 Years	Boys	200m	IM	54	16 Years	Girls	100m	Freestyle
3	15-16 Years	Girls	200m	IM	55	16 Years	Boys	100m	Freestyle
4	15-16 Years	Boys	200m	IM	56	17-19 Yrs	Girls	100m	Freestyle
5	17-19 Years	Girls	200m	IM	57	17-19 Yrs	Boys	100m	Freestyle
6	17-19 Years	Boys	200m	IM	58	12-19 Yrs	Girls	6 x 50m	Freestyle Relay
7	12-19 8x75	Mixed	12 x 50m	Relay	59	12-19 Yrs	Boys	6 x 50m	Freestyle Relay
8	12 Years	Girls	100m	Butterfly	60	12 Years	Girls	100m	Backstroke
9	12 Years	Boys	100m	Butterfly	61	12 Years	Boys	100m	Backstroke
10	13 Years	Girls	100m	Butterfly	62	13 Years	Girls	100m	Backstroke
11	13 Years	Boys	100m	Butterfly	63	13 Years	Boys	100m	Backstroke
12	14 Years	Girls	100m	Butterfly	64	14 Years	Girls	100m	Backstroke
13	14 Years	Boys	100m	Butterfly	65	14 Years	Boys	100m	Backstroke
14	15 Years	Girls	100m	Butterfly	66	15 Years	Girls	100m	Backstroke
15	15 Years	Boys	100m	Butterfly	67	15 Years	Boys	100m	Backstroke
16	16 Years	Girls	100m	Butterfly	68	16 Years	Girls	100m	Backstroke
17	16 Years	Boys	100m	Butterfly	69	16 Years	Boys	100m	Backstroke
18	17-19 Years	Girls	100m	Butterfly	70	17-19 Yrs	Girls	100m	Backstroke
19	17-19 Years	Boys	100m	Butterfly	71	17-19 Yrs	Boys	100m	Backstroke
20	12 Years	Girls	200m	Freestyle	72	12-15 Yrs MC	Girls	50m	Freestyle
21	12 Years	Boys	200m	Freestyle	73	12-15 Yrs MC	Boys	50m	Freestyle
22	13 Years	Girls	200m	Freestyle	74	16-19 Yrs MC	Girls	50m	Freestyle
23	13 Years	Boys	200m	Freestyle	75	16-19 Yrs MC	Boys	50m	Freestyle
24	14 Years	Girls	200m	Freestyle	76	12 Years	Girls	50m	Freestyle
25	14 Years	Boys	200m	Freestyle	77	12 Years	Boys	50m	Freestyle
26	15 Years	Girls	200m	Freestyle	78	13 Years	Girls	50m	Freestyle
27	15 Years	Boys	200m	Freestyle	79	13 Years	Boys	50m	Freestyle
28	16 Years	Girls	200m	Freestyle	80	14 Years	Girls	50m	Freestyle
29	16 Years	Boys	200m	Freestyle	81	14 Years	Boys	50m	Freestyle
30	17-19 Years	Girls	200m	Freestyle	82	15 Years	Girls	50m	Freestyle
31	17-19 Years	Boys	200m	Freestyle	83	15 Years	Boys	50m	Freestyle
32	12-19 Years	Girls	4 x 50m	Medley Relay	84	16 Years	Girls	50m	Freestyle
33	12-19 Years	Boys	4 x 50m	Medley Relay	85	16 Years	Boys	50m	Freestyle
34	12 Years	Girls	100m	Breastroke	86	17-19 Yrs	Girls	50m	Freestyle
35	12 Years	Boys	100m	Breastroke	87	17-19 Yrs	Boys	50m	Freestyle
36	13 Years	Girls	100m	Breastroke	88	12-15 Yrs MC	Girls	50m	Backstroke
37	13 Years	Boys	100m	Breastroke	89	12-15 Yrs MC	Boys	50m	Backstroke
38	14 Years	Girls	100m	Breastroke	90	16-19 Yrs MC	Girls	50m	Backstroke
39	14 Years	Boys	100m	Breastroke	91	16-19 Yrs MC	Boys	50m	Backstroke
40	15 Years	Girls	100m	Breastroke	92	12 Years	Girls	4 x 50m	Freestyle Relay
41	15 Years	Boys	100m	Breastroke	93	12 Years	Boys	4 x 50m	Freestyle Relay
42	16 Years	Girls	100m	Breastroke	94	13 Years	Girls	4 x 50m	Freestyle Relay
43	16 Years	Boys	100m	Breastroke	95	13 Years	Boys	4 x 50m	Freestyle Relay
44	17-19 Years	Girls	100m	Breastroke	96	14 Years	Girls	4 x 50m	Freestyle Relay
45	17-19 Years	Boys	100m	Breastroke	97	14 Years	Boys	4 x 50m	Freestyle Relay
46	12 Years	Girls	100m	Freestyle	98	15 Years	Girls	4 x 50m	Freestyle Relay
47	12 Years	Boys	100m	Freestyle	99	15 Years	Boys	4 x 50m	Freestyle Relay
48	13 Years	Girls	100m	Freestyle	100	16 Years	Girls	4 x 50m	Freestyle Relay
49	13 Years	Boys	100m	Freestyle	101	16 Years	Boys	4 x 50m	Freestyle Relay
50	14 Years	Girls	100m	Freestyle	102	17-19 Years	Girls	4 x 50m	Freestyle Relay
51	14 Years	Boys	100m	Freestyle	103	17-19 Years	Boys	4 x 50m	Freestyle Relay
52	15 Years	Girls	100m	Freestyle					

2021 NSW COMBINED HIGH SCHOOLS SWIMMING CHAMPIONSHIPS

- Dates:** Wednesday 28 April (Day 1), Thursday 29 April (Day 2) & Friday 30 April (Day 3) 2021
- Venue:** Sydney Olympic Park Aquatic Centre, Homebush
- Time:** All competitors to assemble in the Sydney West Area in the stand at least one hour prior the starting time of their event on each day of the Championships they are competing.
- Travel:** Team members are to make their own way to and from the venue.
- Entry:** Permission notes/order forms*, including levy and money for any additional purchases, must be sent to Sydney West SSA, sydwestsport@det.nsw.edu.au to arrive **no later than Tuesday 23 March 2021**

*These forms must be collected on the day of the Association Swimming Championships. Failure to have these completed forms to the Association Sports Coordinator by the 23 March 2021 may forfeit placement in the Sydney West Team.

SYDNEY WEST SECONDARY SWIMMING RECORDS

As at completion of 2019 Championships

BOYS					GIRLS				
50m FREESTYLE									
12 Years	Alexander Clarence	Glenwood	28.77	2019	Amy Bannatyne	Model Farms	29.19	2003	
13 Years	Kody Stark Szabo	Penrith	27.02	2016	Rebekah Sefton	Castle Hill	28.81	2013	
14 Years	Luke Garment	Muirfield	25.96	2018	Claudia Neale	Blaxland	28.01	2016	
15 Years	Luke Garment	Muirfield	25.33	2019	Zoue Sefton	Castle Hill	27.50	2013	
16 Years	Matthew Wilson	Winmalee	24.91	2014	Kacey Pilgrim	The Hills Sports	27.26	2009	
17+Yrs	Jordan Fitzgerald	Kellyville	24.37	2018	Claudia Hayes	Winmalee	27.29	2015	
100m FREESTYLE									
12 Years	Maniah Betham	Erskine Park	1:03.14	2011	Amy Bannatyne	Model Farms	1:03.47	2003	
13 Years	Anthony Kemp	Hawkesbury	1:00.39	2006	Amy Bannatyne	Model Farms	1:01.26	2004	
14 Years	Cameron McElroy	Winmalee	57.49	2011	Rebekah Sefton	Castle Hill	1:01.48	2014	
15 Years	Michael Goisis	Colo	55.73	2000	Zoue Sefton	Castle Hill	1:00.24	2013	
16 Years	Harry Fowler	Muirfield	54.64	2016	Zoue Sefton	Castle Hill	59:78	2014	
17+ Yrs	Caleb Hansford	Wyndham	52:83	2014	Zoue Sefton	Castle Hill	59.90	2016	
200m FREESTYLE									
12 Years	Maniah Betham	Erskine Park	2:18.34	2011	Amy Bannatyne	Model Farms	2:16.59	2003	
13 Years	H. Hinds-Sydneham	The Hills Sports	2:10.27	2009	Amy Bannatyne	Model Farms	2:13.25	2004	
14 Years	Kenrick Monk	Quakers Hill	2:06.10	2002	Nicole Monk	Blacktown Girls	2:12.33	1998	
15 Years	Michael Goisis	Colo	2:02.20	2000	Amy Ducker	Glenmore Park	2:12.34	2003	
16 Years	Caleb Hansford	Quakers Hill	2:00.96	2013	Rachel Wood	The Hills Sports	2:08.14	2015	
17+ Yrs	Jacob Hansford	Wyndham	1:55.73	2012	Kaitlyn Jones	Girraween	2:09.00	2004	
100m BACKSTROKE									
12 Years	Maniah Betham	Erskine Park	1:13.63	2011	Laura McKemmish	Colo	1:14.98	2001	
13 Years	Joshua Skinner	Crestwood	1:08.13	2009	Laura McKemmish	Crestwood	1:11.10	2002	
14 Years	Glenn Piper	Greystanes	1:05.95	2001	Amy Ducker	Glenmore Park	1:09.26	2002	
15 Years	Alex Kelshaw	Erskine Park	1:03.21	2006	Michelle Bowd	Jamison	1:08.78	2009	
16 Years	Alex Kelshaw	Erskine Park	1:01.74	2007	Holly Ryan	The Hills Sports	1:08.65	2015	
17+ Yrs	Alex Kelshaw	Erskine Park	0:59.57	2001	Leanne Kroenert	St Marys Snr	1:07.65	1998	
100m BREASTSTROKE									
12 Years	Mark Whitton	Blaxland	1:25.20	1985	Melissa Barck	Colo	1:23.10	2001	
13 Years	Yale Yi	James Ruse	1:19.14	2012	Amanda Stanley	Greystanes	1:19.28	1992	
14 Years	Mark Whitton	Blaxland	1:12.91	1987	Abbey Cooper	Rouse Hill	1:19.20	2012	
15 Years	Matthew Wilson	Winmalee	1:09.95	2013	Sophie Beldham	Model Farms	1:16.19	2015	
16 Years	Matthew Wilson	Winmalee	1:07.73	2014	Kelsey Otto	Winmalee	1:16.09	2017	
17+ Yrs	Nicholas Hawkins	Glenmore Park	1:09.03	2012	Rebekah Rychvalsky	Castle Hill	1:14.63	2000	
100m BUTTERFLY									
12 Years	Lachlan Foley	The Hill Sports	1:09.70	2014	Melissa Barck	Colo	1:10.86	2001	
13 Years	Cameron McElroy	Winmalee	1:05.26	2010	Melissa Barck	Colo	1:08.43	2002	
14 Years	Michael Goisis	Colo	1:03.64	1999	Bec Adams	Richmond	1:06.53	2005	
15 Years	Austin Fowler	Kellyville	1:00.75	2012	Elise Kench	Crestwood	1:06.14	2014	
16 Years	Matthew Wilson	Winmalee	59.02	2014	Elise Kench	Crestwood	1:05.04	2015	
17+ Yrs	Caleb Hansford	Wyndham	57.85	2014	Elise Kench	Crestwood	1:04.31	2016	
200m INDIVIDUAL MEDLEY									
14 Years	Matthew Wilson	Winmalee	2:21.58	2012	Amy Bannatyne	Model Farms	2:31:93	2005	
16 Years	Matthew Wilson	Winmalee	2:12.29	2013	Rebekah Sefton	Castle Hill	2:26.92	2015	
17+ Yrs	Jacob Hansford	Quakers Hill	2:13.52	2012	Rachel Wood	The Hills Sports	2:26.15	2016	
400m INDIVIDUAL MEDLEY									
17+Yrs	Luke Turner	Baulkham Hills	4:44.94	1994	Holly Ryan	The Hills Sports	5:09.24	2016	
4 x 50m MEDLEY RELAY									
	Winmalee		1:57.77	2014	Castle Hill HS		2:08.88	2016	
4 x 50m FREESTYLE RELAY									
12 Years	The Hills Sports		2:15.14	2014	Colo High		2:14.02	1999	
13 Years	Winmalee		1:59.90	2015	Winmalee		2:05.89	2012	
14 Years	The Ponds		1:54.23	2018	Winmalee		2:01.44	2013	
15 Years	The Hills Sports		1:49.52	2017	Winmalee		1:59.01	2014	
16 Years	Winmalee		1:47.73	2014	The Hills Sports		1:57.38	2015	
17+ Yrs	Castle Hill		1:46.23	2013	St Marys Senior		1:58.31	2019	
6 x 50m ALL AGE FREESTYLE RELAY									
	Greystanes		2:56.67	2004	The Hills Sports		3:05.67	2015	
12 x 50m KO RELAY									
	The Hills Sports HS		5:39.46	2015					